

## AB007. Development and evaluation of a community-based Sleep Clinic for children with neurodevelopmental disorders across two inner-London boroughs

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**Abstract:** From an evaluation of sleep-related problems in children attending two special needs schools in the local area (Southwark) [Turnbull *et al.*, abstract in press], it was found that parent-reported sleep difficulties in the index

child were equally common at both primary and secondary school age (59% and 61% respectively), and that burden on care-givers was substantial (38% and 40% respectively reporting their child's sleep pattern was a "great" burden). To address this issue, we have developed a multi-disciplinary cross-borough (Lambeth and Southwark) community-based Sleep Clinic for children with neurodevelopmental conditions. The service commenced in April 2017, and has received approximately 15 referrals per month to date.

**Keywords:** Service delivery; sleep apnoea; insomnia

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