

# Impact of initial plasma presepsin level for clinical outcome in hospitalized patients with pneumonia

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**Background:** Presepsin, the soluble CD14 subtype, is known as a sepsis biomarker. However, its clinical significance in pneumonia is unclear. We investigated the effects of plasma presepsin level on clinical outcomes in patients with pneumonia.

**Methods:** Patients over 18 years old admitted to our hospital due to pneumonia from May 2016 through November 2017 were reviewed using electronic medical records. One hundred and seventy-two patients who underwent measurement of plasma presepsin levels on admission were enrolled. Median age of enrolled patients was 81 years [interquartile range (IQR), 68–86 years]. Pneumonia severity index (PSI) class and A-DROP score on admission were calculated. The receiver operating characteristic (ROC) curve analysis was performed to assess the prognostic value of 30-day mortality and to identify the optimal cut-off value of plasma presepsin level. Correlations between plasma presepsin level and other factors were assessed using the Spearman's test. The Kaplan-Meier survival analysis and the log-rank test were performed to assess the two curves differentiated with the optimal cut-off value of plasma presepsin level.

**Results:** Seventeen patients (9.9%) died within 30 days of admission. The deceased patients had higher value of plasma presepsin on admission (539 pg/mL; IQR, 414–832 pg/mL) compared with the survivors (334 pg/mL; IQR, 223–484 pg/mL) (P=0.001). The areas under ROC curve for predicting 30-day mortality were 0.742 for plasma presepsin, 0.755 for A-DROP score, and 0.774 for PSI class. Plasma presepsin level was not associated with etiology of pneumonia. However, it was moderately correlated with serum creatinine level (rs =0.524, P<0.001). The ROC curve analysis derived 470 pg/mL of plasma presepsin level as the optimal cut-off value for predicting 30-day mortality. The Kaplan-Meier survival analysis showed that patients with plasma presepsin level ≥470 pg/mL on admission had significantly higher 30-day mortality than those with plasma presepsin level ≥470 pg/mL (P<0.001). Among patients with A-DROP score ≥3, those with plasma presepsin level ≥470 mg on admission had significantly higher 30-day mortality (P=0.013). Similarly, among patients with PSI class ≥4, those with plasma presepsin level ≥470 mg on admission had significantly higher 30-day mortality (P=0.005).

**Conclusions:** In hospitalized pneumonia patients, plasma presepsin level on admission could be a useful predictor of 30-day mortality and an additional prognostic biomarker on existing severity assessment scales.

**Keywords:** Presepsin; pneumonia; mortality; A-DROP score; pneumonia severity index (PSI)

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#### Introduction

Pneumonia is one of the major causes of death in the world. In Japan, pneumonia is the third leading cause of death after malignant neoplasms and heart diseases (1). To improve management of pneumonia, early identification of patients with poor prognosis is important. Therefore, many pneumonia severity assessment scales have been introduced worldwide. Pneumonia severity index (PSI) is a reliable severity assessment scale and recommended by Infectious Diseases Society of America and American Thoracic Society (2,3). In Japan, A-DROP score proposed by Japanese Respiratory Society is a common severity assessment scale for pneumonia. The A-DROP score is composed of 5 factors; age (≥70 years for men and ≥75 years for women); dehydration (≥21 mg/dL of blood urea nitrogen); respiratory failure (<90% of oxygen saturation); orientation disturbance; and low blood pressure (<90 mmHg of systolic blood pressure) (4).

In addition to these severity assessment scales, biomarkers such as procalcitonin and pro-adrenomedullin have been introduced for predicting prognosis of patients with pneumonia (5,6). Presepsin, a soluble N-terminal fragment of the cluster of differentiation (CD) marker protein 14, is known as an early diagnostic biomarker of sepsis. Previous studies in sepsis patients showed that high plasma presepsin level was associated with high mortality rate (7,8). However, the usefulness of presepsin for predicting clinical outcomes in pneumonia has not been evaluated enough. To our knowledge, only two previous pneumonia studies mentioned the relationship between plasma presepsin level and mortality (9,10). In this single-center retrospective study, we evaluated the prognostic value of plasma presepsin level in patients hospitalized due to pneumonia. Moreover, we also evaluated the relationship between plasma presepsin level and pneumonia etiology, and the correlation factors with plasma presepsin level.

#### **Methods**

# Subjects

Patients hospitalized in Nagoya Tokushukai General Hospital (a 350-bed teaching hospital; Kasugai city, Aichi prefecture, Japan) due to pneumonia from May 2016 through November 2017 were reviewed using electronic medical records. The definition of pneumonia was presence of new radiographic infiltrates and exhibition of at least

2 compatible clinical symptoms (body temperature >37.5 °C, productive cough, chest pain, shortness of breath, and crackles on auscultation) (11). Patients under 18 years, hospitalized in the last 90 days, with hospital-acquired pneumonia, or transferred from other hospitals were excluded. During the study period, 231 pneumonia patients who satisfied both inclusion and exclusion criteria were hospitalized. Of these, 172 patients (74.5%) who underwent measurement of plasma presepsin level on admission were included in the study.

## Study design

This study was aimed to investigate the following: (I) relationship between plasma presepsin level and 30-day mortality; (II) relationship between plasma presepsin level and pneumonia etiology; and (III) correlated factors with plasma presepsin level.

The following variables were retrieved from electronic medical records: (I) demographic characteristics (age, sex, code status, and site of residence); (II) coexisting illnesses; (III) clinical condition on hospital admission (body temperature, blood pressure, mental status, percutaneous oxygen saturation, and heart rate); (IV) laboratory and radiographic findings on hospital admission; (V) causative pathogens; (VI) regimens of intravenous antibiotics; and (VII) in-hospital mortality within 30 days of admission.

The A-DROP score was calculated based on retrieved information (4). The definition of disease severity drawn from A-DROP score was the following: 0, mild; 1 or 2, moderate; 3, severe; 4 or 5, super-severe (4). The PSI class was categorized using the prediction rule proposed by Fine et al. (2). The PSI class was stratified from 1 to 5, and the predicted 30-day mortality increased in accordance with the class (2). A do-not-resuscitate order was defined if such an order was mentioned in electronic medical records. Causative pathogens were diagnosed as per following criteria: (I) for Streptococcus pneumonia, 3+ growth of sputum culture, positive pleural fluid culture, or the presence of antigen in urine; (II) for Legionella pneumophila, the presence of antigen in urine; and (III) for other bacteria, 3+ growth of sputum culture or positive pleural fluid culture. The blood collection tube containing EDTA-2Na was employed for the measurement of plasma presepsin level. The measurement was performed immediately after blood sampling using a chemiluminescent enzyme immunoassay on a fully automated STACIA® immunoanalyzer (LSI Medience Corporation, Tokyo, Japan), and the result was derived within 30 minutes including centrifugation time. The normal reference value of plasma presepsin was less than 314 pg/mL. Other biochemical markers were assayed using standard methods. The study protocol was approved by the research ethics committee of Tokushukai group (approval number: TGE01003-016).

# Statistical analyses

Data are expressed as numbers (%) or median (25th to 75th percentile range). Differences between the two groups were tested using the Mann-Whitney U test for continuous variables, and the Fisher's exact test for categorical variables. Correlations between plasma presepsin level and other factors were assessed using the Spearman's test. Interpretations of correlation coefficient ( $r_s$ ) were defined according to the following criteria: 0.90 to 1.00 (-0.90 to -1.00), very high correlation; 0.70 to 0.90 (-0.70 to -0.90), high correlation; 0.50 to 0.70 (-0.50 to -0.70), moderate correlation; 0.30 to 0.50 (-0.30 to -0.50), low correlation; and 0.00 to 0.30 (0.00 to -0.30), negligible correlation (12).

Receiver operating characteristic (ROC) curve analysis was performed to identify the optimal cut-off value of plasma presepsin level for predicting 30-day mortality, and area under the curve with 95% confidence interval (CI) was calculated to evaluate the ability of each potential parameter for predicting 30-day mortality. Two survival curves differentiated with the optimal cut-off value of plasma presepsin level were plotted using the Kaplan-Meier survival analysis, and compared the two curves using the log-rank test. A two-tailed P value of <0.05 was considered statistically significant.

Statistical analyses for the Mann-Whitney *U* test, the Fisher's exact test, the Spearman's test, the Kaplan-Meier survival analysis, and the ROC curve analysis were performed using Ekuseru-Toukei 2012 (Social Survey Research Information Co., Ltd., Tokyo, Japan). The 95% CI of each ROC curve was drawn using ROC-KIT 2011 (Department of Radiology, The University of Chicago, IL, USA).

#### **Results**

## Subjects' characteristics

One hundred and seven patients (62.2%) were from the community, and 65 patients (37.8%) were from nursing homes. Seventeen patients (9.9%) died within 30 days

of admission. Table 1 shows the comparison between deceased and surviving patients. The deceased patients had active malignancies (P=0.026) and more frequent do-not-resuscitate orders (P=0.017) compared with the surviving patients. Altered mental status (P<0.001) and hypoxia (P=0.004) were more frequently observed on admission in the deceased patients than in the surviving patients. The deceased patients had a smaller leukocyte count (P=0.049), hematocrit (P=0.028), and serum albumin level (P<0.001) compared with the surviving patients. Plasma presepsin levels were significantly higher in the deceased patients than in the surviving patients (539 vs. 334 pg/mL, P=0.001, Figure 1). The deceased patients had a higher A-DROP score (P<0.001) and more severe PSI class category (P<0.001) compared with the surviving patients. Concerning intravenous antibiotic regimens, antipseudomonal β-lactams were more frequently used in the deceased patients (P=0.008).

# Correlated between plasma presepsin level and other factors

Table 2 presents the correlation between the plasma presepsin level and other factors. A moderate positive correlation was observed between the plasma presepsin level and serum creatinine level ( $r_s$  =0.524, P<0.001, Figure 2A). Low positive correlations were observed between the plasma presepsin level and blood urea nitrogen ( $r_s$  =0.489, P<0.001), serum C-reactive protein level ( $r_s$  =0.375, P<0.001, Figure 2B), A-DROP score ( $r_s$  =0.395, P<0.001, Figure 2C), and PSI class ( $r_s$  =0.384, P<0.001, Figure 2D). The plasma presepsin level had low negative correlations with hematocrit ( $r_s$  =-0.316, P<0.001) and serum albumin level ( $r_s$  =-0.33, P<0.001).

# Pneumonia etiology

Causative pathogens were identified in 83 patients (48.3%, *Table 3*). The most common pathogen was *Streptococcus pneumoniae* (22.7%). The plasma presepsin level did not differ between patients with and without identification of causative pathogens (378 vs. 312 pg/mL, P=0.112). Furthermore, the plasma presepsin level did not differ significantly between any two groups of causative pathogens.

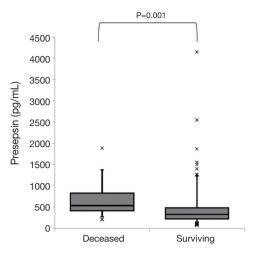
# Prognostic value for 30-day mortality

The areas under ROC curves for predicting 30-day

**Table 1** Enrolled patients' characteristics and comparison between deceased and surviving patients

| Variables                                | Total (n=172)      | Deceased (n=17)    | Surviving (n=155)  | P value |
|--|--------------------|--------------------|--------------------|---------|
| Characteristics                          |                    |                    |                    |         |
| Age, years                               | 81 [68–86]         | 82 [73–89]         | 80 [68–85]         | 0.097   |
| Male                                     | 117 (68.0)         | 12 (70.6)          | 105 (67.7)         | >0.999  |
| From nursing homes                       | 65 (37.8)          | 9 (52.9)           | 56 (36.1)          | 0.195   |
| Identification of pathogens              | 83 (48.3)          | 11 (64.7)          | 72 (46.5)          | 0.202   |
| Do-not-resuscitate order                 | 71 (41.3)          | 12 (70.6)          | 59 (38.1)          | 0.017   |
| Comorbidity                              |                    |                    |                    |         |
| Chronic heart failure                    | 27 (15.7)          | 5 (29.4)           | 22 (14.2)          | 0.151   |
| Chronic lung disease                     | 16 (9.3)           | 3 (17.6)           | 13 (8.4)           | 0.199   |
| Diabetes mellitus                        | 33 (19.2)          | 5 (29.4)           | 28 (18.1)          | 0.327   |
| Cerebrovascular disease                  | 40 (23.3)          | 6 (35.3)           | 34 (21.9)          | 0.232   |
| Chronic kidney disease                   | 7 (4.1)            | 0                  | 7 (4.5)            | >0.999  |
| Active malignancy                        | 3 (1.7)            | 2 (11.8)           | 1 (0.6)            | 0.026   |
| Condition on admission                   |                    |                    |                    |         |
| Systolic BP <90 mmHg                     | 7 (4.1)            | 1 (5.9)            | 6 (3.9)            | 0.524   |
| Altered mental status                    | 19 (11.0)          | 8 (47.1)           | 11 (7.1)           | <0.001  |
| Oxygen saturation <90%                   | 81 (47.1)          | 14 (82.4)          | 67 (43.2)          | 0.004   |
| Heart rate, per minute                   | 93 [81–106]        | 86 [82–102]        | 93 [81–107]        | 0.286   |
| Laboratory tests                         |                    |                    |                    |         |
| Leukocyte count, 10 <sup>9</sup> cells/L | 10.6 [7.6–14.1]    | 7.7 [6.3–10.7]     | 10.9 [7.8–14.2]    | 0.049   |
| Hematocrit, %                            | 36.3 [32.4–39.6]   | 32.5 [29–36]       | 36.5 [32.9–39.9]   | 0.028   |
| Sodium, mEq/L                            | 138 [134–141]      | 140 [135–143]      | 138 [134–140]      | 0.330   |
| Glucose, mg/dL                           | 119 [101–156]      | 112 [83–168]       | 119 [103–152]      | 0.376   |
| Blood urea nitrogen, mg/dL               | 19.4 [13.1–26.4]   | 30.8 [23.1–36.3]   | 18.2 [12.9–25.5]   | 0.003   |
| Albumin, g/dL                            | 3.2 [2.7–3.5]      | 2.7 [2.0-2.9]      | 3.2 [2.8–3.5]      | <0.001  |
| Total bilirubin, mg/dL                   | 0.8 [0.6–1.2]      | 0.8 [0.5–1.2]      | 0.8 [0.6–1.2]      | 0.706   |
| Creatinine, mg/dL                        | 0.87 [0.65–1.12]   | 0.90 [0.64–1.50]   | 0.85 [0.65–1.10]   | 0.272   |
| C-reactive protein, mg/dL                | 12.25 [6.46–21.59] | 17.00 [9.51–25.88] | 11.98 [5.99–21.16] | 0.089   |
| Presepsin, pg/mL                         | 343 [236–512]      | 539 [414–832]      | 334 [223–484]      | 0.001   |
| Radiographic findings                    |                    |                    |                    |         |
| Bilateral infiltrates                    | 56 (32.6)          | 11 (64.7)          | 45 (29.0)          | 0.014   |
| Pleural effusion                         | 36 (20.9)          | 7 (41.2)           | 29 (18.7)          | 0.053   |
| Severity assessment scale                |                    |                    |                    |         |
| A-DROP score                             | 2 [1–3]            | 3 [2–4]            | 2 [1–2.5]          | <0.001  |
| Pneumonia severity index class           | 4 [3–4]            | 4 [4–5]            | 4 [3–4]            | <0.001  |
| Intravenous antibiotic regimens          |                    |                    |                    |         |
| Ampicillin-sulbactam                     | 103 (59.9)         | 9 (52.9)           | 94 (60.6)          | 0.606   |
| Ceftriaxone                              | 26 (15.1)          | 0                  | 26 (16.8)          | 0.079   |
| Anti-pseudomonal β-lactams               | 35 (20.3)          | 8 (47.1)           | 27 (17.4)          | 0.008   |
| Fluoroquinolones                         | 7 (4.1)            | 2 (11.8)           | 5 (3.2)            | 0.144   |
| Tetracyclines                            | 35 (20.3)          | 1 (5.9)            | 34 (21.9)          | 0.201   |

Data are expressed as number (%) or median [25th-75th range]. BP, blood pressure.



**Figure 1** Comparison of plasma presepsin level between deceased and surviving patients. Boxes show the median and interquartile range, and whiskers show 5th to 95th percentiles.

**Table 2** Correlations between plasma presepsin level and different parameters

| Parameters         Coefficient         P value           Characteristics         0.153         0.046           Male sex         0.120         0.117           Laboratory tests         0.025         0.474           Leukocyte count         0.055         0.474           Hematocrit         -0.316         <0.001           Sodium         -0.001         0.995           Glucose         0.149         0.052           Blood urea nitrogen         0.489         <0.001           Albumin         -0.330         <0.001           Total bilirubin         0.071         0.361           Creatinine         0.524         <0.001           C-reactive protein         0.375         <0.001           Severity assessment scale           A-DROP score         0.395         <0.001           Pneumonia severity index class         0.384         <0.001 | F                              |             |         |  |  |
|--|--------------------------------|-------------|---------|--|--|
| Age       0.153       0.046         Male sex       0.120       0.117         Laboratory tests       0.055       0.474         Leukocyte count       0.055       0.474         Hematocrit       -0.316       <0.001   | Parameters                     | Coefficient | P value |  |  |
| Male sex       0.120       0.117         Laboratory tests       0.055       0.474         Hematocrit       -0.316       <0.001   | Characteristics                |             |         |  |  |
| Laboratory tests         Leukocyte count       0.055       0.474         Hematocrit       -0.316       <0.001  | Age                            | 0.153       | 0.046   |  |  |
| Leukocyte count       0.055       0.474         Hematocrit       -0.316       <0.001   | Male sex                       | 0.120       | 0.117   |  |  |
| Hematocrit         -0.316         <0.001           Sodium         -0.001         0.995           Glucose         0.149         0.052           Blood urea nitrogen         0.489         <0.001  | Laboratory tests               |             |         |  |  |
| Sodium         -0.001         0.995           Glucose         0.149         0.052           Blood urea nitrogen         0.489         <0.001   | Leukocyte count                | 0.055       | 0.474   |  |  |
| Glucose         0.149         0.052           Blood urea nitrogen         0.489         <0.001   | Hematocrit                     | -0.316      | <0.001  |  |  |
| Blood urea nitrogen         0.489         <0.001   | Sodium                         | -0.001      | 0.995   |  |  |
| Albumin       -0.330       <0.001         Total bilirubin       0.071       0.361         Creatinine       0.524       <0.001  | Glucose                        | 0.149       | 0.052   |  |  |
| Total bilirubin         0.071         0.361           Creatinine         0.524         <0.001  | Blood urea nitrogen            | 0.489       | <0.001  |  |  |
| Creatinine 0.524 <0.001 C-reactive protein 0.375 <0.001 Severity assessment scale A-DROP score 0.395 <0.001  | Albumin                        | -0.330      | <0.001  |  |  |
| C-reactive protein 0.375 <0.001  Severity assessment scale  A-DROP score 0.395 <0.001  | Total bilirubin                | 0.071       | 0.361   |  |  |
| Severity assessment scale  A-DROP score 0.395 <0.001   | Creatinine                     | 0.524       | <0.001  |  |  |
| A-DROP score 0.395 <0.001  | C-reactive protein             | 0.375       | <0.001  |  |  |
|  | Severity assessment scale      |             |         |  |  |
| Pneumonia severity index class 0.384 <0.001  | A-DROP score                   | 0.395       | <0.001  |  |  |
|  | Pneumonia severity index class | 0.384       | <0.001  |  |  |

mortality were 0.742 (95% CI: 0.621–0.863) for plasma presepsin level, 0.606 (95% CI: 0.476–0.736) for serum C-reactive protein level, 0.755 (95% CI: 0.634–0.877) for A-DROP score, and 0.774 (95% CI: 0.692–0.855) for PSI

class (*Figure 3A*). Excluding seven patients with chronic kidney diseases, in remaining patients, the areas under ROC curves for predicting 30-day mortality were 0.761 (95% CI: 0.641–0.881) for plasma presepsin level, 0.607 (95% CI: 0.470–0.745) for serum C-reactive protein level, 0.757 (95% CI: 0.645–0.870) for A-DROP score, and 0.787 (95% CI: 0.708–0.867) for PSI class (*Figure 3B*).

# Optimal cut-off value of plasma presepsin level for 30-day mortality

The optimal cut-off value derived from ROC curve analysis was 470 pg/mL of plasma presepsin level for predicting 30-day mortality. At the cut-off value, the sensitivity was 70.6%, the specificity was 74.2%, the positive predictive value (PPV) was 23.1%, and the negative predictive value (NPV) was 95.8% respectively. Using Kaplan-Meier survival analysis, patients with plasma presepsin level ≥470 pg/mL on admission (n=52) had significantly higher 30-day mortality than those with plasma presepsin level <470 pg/mL on admission (n=120) (P<0.001, *Figure 4*).

Among patients with A-DROP score  $\geq$ 3, those with plasma presepsin level  $\geq$ 470 mg on admission (n=24) had significantly higher 30-day mortality than those with plasma presepsin level <470 pg/mL (n=26) (P=0.013, *Figure 5A*). Similarly, among patients with PSI class  $\geq$ 4, those with plasma presepsin level  $\geq$ 470 mg on admission (n=43) had significantly higher 30-day mortality than those with plasma presepsin level <470 pg/mL (n=63) (P=0.005, *Figure 5B*).

#### **Discussion**

The present study showed that in patients hospitalized due to pneumonia, plasma presepsin level on admission (I) was significantly higher in deceased patients than in surviving patients, (II) was moderately but significantly correlated with patients' kidney function, (III) was not associated with the etiology of pneumonia, and (IV) could be a useful predictor of 30-day mortality in pneumonia patients.

Presepsin has been recognized as an early diagnostic biomarker for sepsis because of its rapid response to systemic inflammation (13). However, limited information is available about clinical significance of presepsin in patients with pneumonia. The present study found that plasma presepsin level on hospital admission was significantly higher in deceased patients than in surviving patients. This finding is according with a previous study presented by

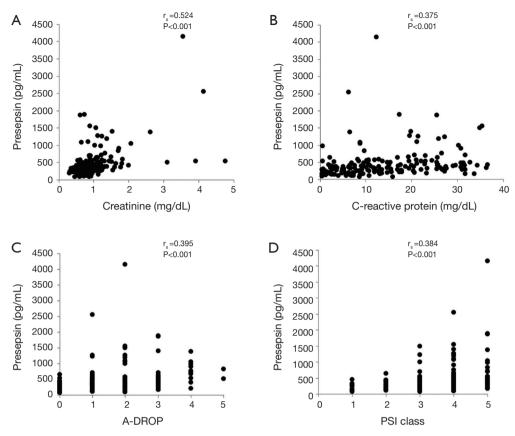
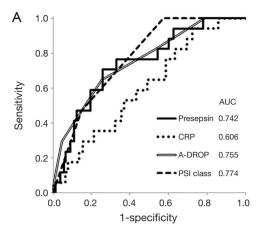


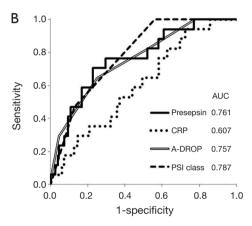
Figure 2 Scatter plots showing relationship between plasma presepsin level and (A) serum creatinine level (rs =0.524, P<0.001), (B) serum C-reactive protein level (rs =0.375, P<0.001), (C) A-DROP score (rs =0.395, P<0.001), and (D) PSI class (rs =0.384, P<0.001). PSI, pneumonia severity index.

Table 3 Plasma presepsin level according to etiology

| Micro-organism             | Number    | Presepsin, pg/mL | P value   |
|----------------------------|-----------|------------------|-----------|
| Identification of pathogen | 83 (48.3) | 378 [262–521]    | 0.112     |
| Streptococcus pneumoniae   | 39 (22.7) | 333 [248–493]    | 0.656     |
| Klebsiella pneumoniae      | 15 (8.7)  | 437 [246–656]    | 0.440     |
| Haemophilus influenzae     | 12 (7.0)  | 397 [283–608]    | 0.314     |
| Staphylococcus aureus      | 6 (3.5)   | 393 [343–539]    | 0.128     |
| Escherichia coli           | 3 (1.7)   | 409 [393–727]    | 0.176     |
| Moraxella catarrhalis      | 3 (1.7)   | 375 [332–436]    | 0.560     |
| Acinetobacter baumannii    | 1 (0.6)   | 414              | >0.999    |
| Corynebacterium species    | 1 (0.6)   | 209              | >0.999    |
| Legionella pneumophila     | 1 (0.6)   | 483              | >0.999    |
| Pseudomonas aeruginosa     | 1 (0.6)   | 486              | >0.999    |
| Streptococcus intermedius  | 1 (0.6)   | 558              | >0.999    |
| Unknown etiology           | 89 (51.7) | 312 [203–507]    | Reference |

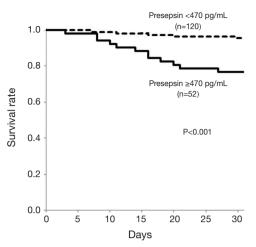
Data are expressed as number (%) or median [25th-75th range].





**Figure 3** Receiver operating characteristics curves comparing plasma presepsin level, serum C-reactive protein (CRP) level, A-DROP score, and PSI class for prediction of 30-day mortality. (A) Among all enrolled patients (n=172), the areas under the curve were 0.742 for plasma presepsin level, 0.606 for serum CRP level, 0.755 for A-DROP score, and 0.774 for PSI class. (B) Among patients without chronic kidney diseases (n=165), the areas under the curve were 0.761 for plasma presepsin level, 0.607 for serum CRP level, 0.757 for A-DROP score, and 0.787 for PSI class. PSI, pneumonia severity index.

Klouche *et al.*, which mentioned that the optimal cut-off value of plasma presepsin for predicting 30-day mortality of pneumonia was 714 pg/mL (9). The value was higher than the one suggested through the present study (470 pg/mL). This discrepancy on the optimal cut-off plasma presepsin level might rise from the difference of study settings. The present study enrolled hospitalized pneumonia patients with various severities, while their study was performed on patients requiring intensive care. We also found that plasma presepsin level on admission had low but significant

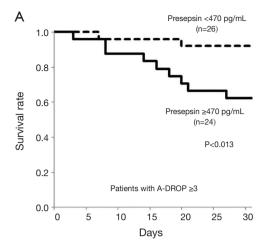


**Figure 4** Kaplan-Meier survival curves using the cut-off value of 470 pg/mL for plasma presepsin level in all enrolled patients.

positive correlations with both A-DROP score and PSI class, which are widely used severity assessment scales for pneumonia. Similarly, Liu *et al.* reported that plasma presepsin level increased with the elevation of CURB-65 score, a pneumonia severity assessment scale proposed by British Thoracic Society (10,14).

PSI and A-DROP score are common severity assessment scales for pneumonia. However, some disadvantages were reported in these severity assessment scales. First, applying PSI in routine clinical practice may be difficult because its calculation is rather complex (15). Second, these severity assessment scales can underestimate the potential severity of pneumonia in young patients (16). Third, it is often difficult for clinicians to evaluate changes of mental status due to pneumonia in elderly patients (17). As compared to these severity assessment scales, the measurement of plasma presepsin level has an advantage because the definite value can be derived within 30 minutes of blood sampling. Among the patients with A-DROP score  $\geq 3$  or PSI class  $\geq 4$ , significantly higher 30-day mortality was observed if they had plasma presepsin level ≥470 pg/mL on admission. The present study showed that the combination of plasma presepsin level and existing severity assessment scales was a potential useful method to detect pneumonia patients with high predicted mortality.

The present study showed that plasma presepsin level had a moderate but significant positive correlation with serum creatinine level. Previous reports suggested that kidney function has a large impact on plasma presepsin level (18,19). Nagata *et al.* reported that plasma presepsin level



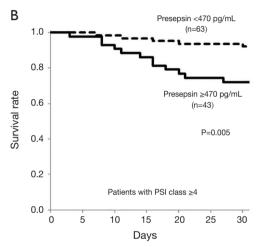


Figure 5 Kaplan-Meier survival curves using the cut-off value of 470 pg/mL for plasma presepsin level in patients with (A) A-DROP ≥3 and (B) PSI class ≥4. PSI, pneumonia severity index.

increased with a decrease in patients' glomerular filtration rate (20). Furthermore, Nakamura *et al.* showed that plasma presepsin level was not a reliable diagnostic biomarker of sepsis in patients with severe kidney injury due to its high plasma level (21). The present study showed that plasma presepsin level on admission was a bit better for predicting 30-day mortality in patients without chronic kidney diseases. Thus, it is important to monitor patients' kidney function while evaluating plasma presepsin level.

We found a low positive correlation between plasma presepsin and serum C-reactive protein levels. C-reactive protein is an acute-phase protein synthesized in hepatocytes responding to infection, inflammation, tissue damage, and malignant neoplasm (22). Presepsin is also an acute inflammatory protein synthesized in monocytes and macrophages during systemic bacterial infection (23). The present study cohort mainly comprised of patients with bacterial infection. This may explain the positive correlation between C-reactive protein and presepsin.

The hematocrit and serum albumin level showed low negative correlations with plasma presepsin level. Inflammation is known to be a cause of anemia because of suppressing erythropoiesis and shortening erythrocyte survival (24). An *in-vitro* study showed that interleukin-6, an inflammatory protein secreted by T lymphocytes and macrophages, directly impaired hemoglobin production and erythroid maturation (25). Hypo-albuminemia is also observed during inflammation due to its decreasing synthesis and increasing catabolism (26). Inflammation caused by pneumonia might be a major reason of the observed negative correlations.

The relationship between plasma presepsin levels and pathogens is not clear. Stoma et al. showed that plasma presepsin level was frequently elevated in patients with gram-negative bacteremia (27). Concerning pneumonia, Qi et al. showed that patients with gram-negative bacterial pneumonia had significantly higher value of plasma presepsin level than those with gram-positive bacterial pneumonia (28). Presepsin is a soluble form of CD14 subtype, and CD14 is known as a receptor to bind lipopolysaccharide which is a major component of the outer membrane of gram-negative bacteria (29). However, CD14 was also reported to bind with peptidoglycan which is abundant in the cell walls of gram-positive bacteria (30). In fact, Endo et al. reported that plasma presepsin levels did not differ between gram-positive and gram-negative bacterial infections in patients with sepsis (31). Through the present study, we found that plasma presepsin level was not associated with etiology of pneumonia.

We must acknowledge some limitations of this study. First, the study included a small number of patients because it was a single-center study. To establish the clinical significance of plasma presepsin level in patients with pneumonia, a multi-center clinical study with a larger patient group is required. Second, the study cohort did not include outpatients. Therefore, our results may not be applicable to all patients with pneumonia. Third, 26% of hospitalized patients were excluded from the analysis due to the absence of plasma presepsin measurement on hospital admission. For the measurement of plasma presepsin level, an additional blood sample containing EDTA-2Na was

**Table 4** Comparison between enrolled patients and excluded patients due to absence of plasma presepsin measurement on admission

| Variables        | Enrolled patients (n=172) | No presepsin<br>measurement<br>(n=59) | P<br>value |
|------------------|---------------------------|---------------------------------------|------------|
| Age, years       | 81 [68–86]                | 76 [65–85]                            | 0.264      |
| Male             | 117 (68.0)                | 33 (55.9)                             | 0.114      |
| 30-day mortality | 17 (9.9)                  | 3 (5.1)                               | 0.420      |

Data are expressed as number (%) or median [25th-75th range].

required. This laborious blood sampling seemed to result in high absence rate of plasma presepsin measurement on admission in this study. There were no significant differences in age, sex distribution, and mortality between the included and excluded patients (*Table 4*). However, we cannot rule out the possibility that this high rate of exclusion might influence our results.

In conclusion, in this study, we showed that in patients hospitalized due to pneumonia, plasma presepsin level on admission was significantly higher in the deceased patients than in the surviving patients. Furthermore, our results suggest that in pneumonia patients, plasma presepsin level on admission could be a useful predictor of 30-day mortality and an additional prognostic biomarker on existing severity assessment scales.

#### **Acknowledgements**

None.

#### **Footnote**

*Conflicts of Interest:* The authors have no conflicts of interest to declare.

*Ethical Statement:* The study protocol was approved by the research ethics committee of Tokushukai group (approval number: TGE01003-016).

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