



# Early $\beta$ -blockers administration might be associated with a reduced risk of contrast-induced acute kidney injury in patients with acute myocardial infarction

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**Background:** Contrast-induced acute kidney injury (CI-AKI) is a common complication of coronary angiography (CAG), which is associated with worse prognosis. Some studies indicated  $\beta$ -blockers could preserve renal function among patients with acute myocardial infarction (AMI), but the relationship between  $\beta$ -blockers and CI-AKI has not been well documented among patients with AMI who were undergoing CAG or percutaneous coronary intervention (PCI).

**Methods:** In this prospective, observational study, 1,309 AMI patients who were undergoing CAG or PCI were consecutively recruited between January 2010 and December 2013. Patients were assigned into  $\beta$ -blockers group (n=1,074) or non- $\beta$ -blockers group (n=235) according to use or non-use of  $\beta$ -blockers (including metoprolol tartrate/metoprolol succinate/Bisoprolol Fumarate) within 24 hours of perioperative period. CI-AKI was defined as an absolute increase of  $>0.5$  mg/dL from baseline serum creatinine (SCr) within 48–72 hours after contrast medium (CM) exposure.

**Results:** The overall incidence of CI-AKI was 247/1,309 (18.9%). After multivariate adjusting, a total of 10 variables were related to CI-AKI, including  $\beta$ -blockers [ $\beta$ -blockers group *vs.* non- $\beta$ -blockers group: odds ratio (OR) =0.520; 95% confidence interval (CI), 0.291–0.930; P=0.027], age, diabetes mellitus, estimated glomerular filtration rate (eGFR)  $<60$  mL/min/1.73 m<sup>2</sup>, left ventricular ejection fraction (LVEF)  $<40\%$ , use of intra-aortic balloon pump (IABP), peri-hypotension, emergent PCI, coronary lesions and CM dose  $>200$  mL. During the mean follow-up of  $2.35 \pm 0.99$  years, the  $\beta$ -blockers group was significantly associated with lower rates of mortality [ $\beta$ -blockers group *vs.* non- $\beta$ -blockers group: adjusted hazard ratio (HR) =0.43; 95% CI, 0.27–0.71; P=0.001] among patients with AMI.

**Conclusions:** Use of  $\beta$ -blockers within 24 hours of perioperative period may be associated with lower rates of CI-AKI and long-term mortality among patients with AMI who are undergoing CAG or PCI.

**Trial registration:** PRECOMIN, ClinicalTrials.gov NCT01400295.

**Keywords:**  $\beta$ -blockers; acute myocardial infarction (AMI); contrast-induced acute kidney injury (CI-AKI); coronary angiography (CAG); mortality

Submitted Mar 20, 2019. Accepted for publication Apr 16, 2019.

doi: 10.21037/jtd.2019.04.65

View this article at: <http://dx.doi.org/10.21037/jtd.2019.04.65>

## Introduction

Contrast-induced acute kidney injury (CI-AKI) is a frequent complication following contrast medium (CM) exposure, which prolongs hospitalization, increases mortality and costs of health-care (1). In patients with acute myocardial infarction (AMI), the incidence of CI-AKI ranges from 10% to 30% during the hospitalization, and patients with AMI who suffer cardiogenic shock will exceed 50% (2-6). Among patients with AMI, compared with patients who did not had CI-AKI, those who had CI-AKI would increase fivefold short-term mortality and about sevenfold long-term mortality (7).

There is definitive evidence showing that patients with AMI or heart failure had higher risk of suffering acute renal damage because of sympathetic activation (8). ACCF/AHA Guidelines recommended that  $\beta$ -blockers should be used in patients with AMI or heart failure because of its long-term prognosis improvement (9-11).  $\beta$ -blockers can reduce sympathetic activation that decrease the risk of acute renal damage. However, it's still not clear whether  $\beta$ -blockers can reduce the CI-AKI rates among patients with AMI who are undergoing coronary angiography (CAG) or percutaneous coronary intervention (PCI).

## Methods

### Study population

This is a single centre, prospective observational study

(PROCOMIN, ClinicalTrials.gov NCT01400295). From January 2010 to December 2013, 1,312 patients with AMI who were undergoing CAG or PCI in Guangdong Provincial People's Hospital were recruited in the study. Three patients were excluded because of end-stage renal disease (eGFR <15 mL/min/1.73 m<sup>2</sup>). At last, 1,309 patients were included in the subsequent analysis. Selective operation patients received a continuous hydration therapy of isotonic saline at a speed of 0.5–1 mL/kg/h for at least 2–12 hours before and continuing 6–24 hours after the procedure. Emergency operation patients received unlimited hydration intervention before procedure. All patients' serum creatinine (SCr) were tested since admission and till 3 days after the procedure. The study was approved by the ethics committee of our institution, and all patients have signed an agreement on informed consent.

### Clinical definitions and follow-up

The operational definitions used to describe the epidemiology of CI-AKI is shown in *Table 1*. We obtained patients' follow-up events through office visits and telephone interviews at 1, 6, 12, 24, 36, and 48 months after enrollment. The mean follow-up time was 2.35±0.99 years

### Statistical analysis

Patients were divided into the  $\beta$ -blockers group and

**Table 1** Proposed summary of operational definitions to be used when describing the epidemiology of CI-AKI

Disease or outcome	Simplified definitions	References/proposed
CI-AKI	Increase of >0.5 mg/dL in pre-CAG or pre-PCI serum creatinine at 48–72 h after PCI	E.g., JACC/AHJ (1,2)
CKD	Baseline serum creatinine of >1.5 mg/dL or an estimated glomerular filtration rate (eGFR) of <60 mL/min/1.73 m <sup>2</sup> (level modified MDRD formula)	E.g., WHO Scientific Group/AJKD (12,13)
eGFR	$135 \times \min(\text{SCr}/\kappa, 1)^{\alpha} \times \max(\text{SCr}/\kappa, 1)^{-0.601} \times \min(\text{Scys}/0.8, 1)^{-0.375} \times \max(\text{Scys}/0.8, 1)^{-0.711} \times 0.995^{\text{age}}$ ( $\times 0.969$ if female) ( $\times 1.08$ if black)	E.g., 2012 CKD-EPI
Anaemia	Baseline haematocrit value >39% for men and >36% for women	E.g., JACC/AHJ (1,2)
Hypotension	Systolic blood pressure <80 mmHg for at least 1h requiring inotropic support with medications or IABP within 24 h procedurally	E.g., JACC (14,15)
MACEs	Defined as mortality, re-non-fatal AMI, target vessel revascularization and stroke	E.g., WHO Scientific Group

CI-AKI, contrast-induced acute kidney injury; CAG, coronary artery angiogram; PCI, percutaneous coronary intervention; CKD, chronic kidney diseases; MDRD, was estimated by applying the level-modified Modification of Diet in Renal Disease formula; IABP, intra-aortic balloon pump; eGFR, estimated glomerular filtration rate; SCr, serum creatinine; Scys, serum cystatin C; MACEs, major adverse cardiac events; AMI, acute myocardial infarction.

the non  $\beta$ -blockers group. For continuous variables, 2 independent samples *t*-tests were conducted for normally distributed data [expressed as mean  $\pm$  standard deviation (SD)] and the Wilcoxon rank-sum test was used for non-normal distribution (presented as median and IQR). Pearson's chi-square test or Fisher's exact test was used for categorical data, which were expressed as percentages. Univariate analysis and multiple logistic regression models with stepwise selection and backward elimination were used to identify predictors of rates of CI-AKI for AMI patients who underwent CAG or PCI with  $\beta$ -blockers. Kaplan-Meier analysis was used to count the cumulative mortality, and log-rank test was used to assess differences between curves. Multivariate Cox regression analysis was used to calculate the hazard ratios (HRs) and their 95% confidence intervals (CIs). All data analyses were performed using IBM PASW-SPSS Statistics 22.0 statistical software package (SPSS Inc., Chicago, IL, USA) and R software (version 3.1.2, R Core Team, Vienna, Austria) (16). Two-sided P values  $<0.05$  were considered statistically significant.

## Results

### Baseline characteristics

Overall, 1,309 AMI patients who were undergoing CAG or PCI were included in the final analysis. Among them, 16.1% of patients were females, mean age was  $61.5 \pm 12.1$  years, mean SCr level was  $94.76 \pm 35.51$  mg/dL, and left ventricular ejection fraction (LVEF) was  $53.8\% \pm 10.9\%$  at baseline (Table 2). Compared with patients in the  $\beta$ -blockers group ( $n=1,074$ ), patients in the non- $\beta$ -blockers group ( $n=235$ ) were older ( $P<0.001$ ) and with lighter weight ( $P<0.001$ ), worse renal function ( $P<0.001$ ), higher rate of peri-hypotension ( $P<0.001$ ), more usage of intra-aortic balloon pump (IABP) ( $P<0.001$ ).

### Primary and secondary endpoint

During the study period, the rates of CI-AKI was higher in non  $\beta$ -blockers group ( $\beta$ -blockers group *vs.* non  $\beta$ -blockers group =  $17.5\%$  *vs.*  $25.1\%$  respectively;  $P<0.007$ ). When analyzing the short and long prognosis as a categorical variable, using  $\beta$ -blockers was associated with a significant reduction in cardiovascular events, including death and MACE (cardiovascular death, non-fatal myocardial infarction or non-fatal stroke) (Table 3).

### Association of $\beta$ -blockers with CI-AKI

This paper used univariate analysis logistic regression to do stepwise selection to identify predictors of CI-AKI for AMI patients who underwent CAG or PCI. After multivariate logistic regression analysis adjusting, 10 confounders were recognized to have an association with CI-AKI, including  $\beta$ -blockers [ $\beta$ -blockers *vs.* non  $\beta$ -blockers, odds ratio (OR) =  $0.520$ ; 95% CI,  $0.291-0.930$ ;  $P=0.027$ ], age, diabetes mellitus (DM), eGFR  $<60$  mL/min/1.73 m<sup>2</sup>, LVEF  $<40\%$ , use of IABP, peri-hypotension, emergent PCI, coronary lesions, and CM dose  $>200$  mL (Table 4).

### All-cause mortality during the follow-up

The mean follow-up period was  $2.35 \pm 0.99$  years. Figure 1 shows the Kaplan-Meier survival curves. Compared with the  $\beta$ -blockers group, cumulative mortality of patients in the non- $\beta$ -blockers group was significantly higher (log-rank  $P<0.001$ ).

In addition, multivariate Cox regression analysis indicated that not taking  $\beta$ -blockers was associated with a significantly increased risk of death after PCI [ $\beta$ -blockers *vs.* non- $\beta$ -blockers: HR =  $0.43$ ; 95% CI,  $0.27-0.71$ ;  $P=0.001$ ; Figure 2]. Moreover, during the follow-up, patients who developed CI-AKI had a higher rate of all-cause mortality than those who did not (Figure 3).

## Discussion

It's the first time to show that AMI patients who were undergoing CAG or PCI may get benefit from taking  $\beta$ -blockers within 24 hours of perioperative period in decreasing the risk of CI-AKI. During the study period, taking  $\beta$ -blockers was associated with short- and long-prognosis improvement.

Recently, a few studies reported that patients with AMI would have a high-risk of developing CI-AKI, ranging from 10% to 30% during hospitalization (1-4). After multivariate regression adjusted, some risk factors are associated with developing CI-AKI [previous history of DM or CKD (17), procedure information (CM dose, CABG), and cardiac complications (hemodynamic instability, heart failure)]. The pathophysiology of CI-AKI is not clear. At present, the pathophysiology of CI-AKI tends to concentrate on CM induced toxic damage to renal tubular epithelial cells, and renal perfusion decrease would aggravate the toxic injury. Cardiac output decrease and excessive activation of the

**Table 2** Baseline characteristics of patients with AMI

Characteristic	Total (n=1,309)	$\beta$ -blockers (n=1,074)	Non $\beta$ -blockers (n=235)	P value
<b>Demographics</b>				
Age (years)	61.5 $\pm$ 12.1	60.7 $\pm$ 11.9	65.3 $\pm$ 12.4	<0.001
Age <75 y, n (%)	194 (14.8)	139 (12.9)	55 (23.4)	<0.001
Female, n (%)	211 (16.1)	163 (15.2)	48 (20.4)	0.047
Weight (kg)	64.8 $\pm$ 10.7	65.3 $\pm$ 10.8	62.7 $\pm$ 10.0	0.001
SBP (mmHg)	121.9 $\pm$ 20.2	122.5 $\pm$ 19.2	119.0 $\pm$ 24.3	0.016
DBP (mmHg)	73.5 $\pm$ 11.9	74.2 $\pm$ 11.5	70.5 $\pm$ 13.6	<0.001
<b>Medical history, n (%)</b>				
DM	267 (20.4)	213 (19.8)	54 (23.0)	0.278
Smoke	628 (48.0)	517 (48.1)	111 (47.2)	0.802
Hypertension	650 (49.7)	525 (48.9)	125 (53.2)	0.231
Hyperlipidemia	202 (15.4)	170 (15.8)	32 (13.6)	0.395
History of CABG	2 (0.2)	2 (0.2)	0 (0.0)	0.508
<b>Laboratory index</b>				
eGFR (mL/min/1.73 m <sup>2</sup> )	80.7 $\pm$ 26.5	82.4 $\pm$ 26.0	72.7 $\pm$ 27.3	<0.001
SCr ( $\mu$ mol/L)	94.76 (35.5)	92.68 (33.8)	104.27 (41.2)	<0.001
LDL-c (mmol/L)	2.7 $\pm$ 0.9	2.7 $\pm$ 0.9	2.7 $\pm$ 0.7	0.984
Total cholesterol (mmol/L)	4.3 $\pm$ 1.1	4.3 $\pm$ 1.1	4.4 $\pm$ 1.1	0.764
LVEF (%)	53.8 $\pm$ 10.9	54.0 $\pm$ 10.9	52.9 $\pm$ 11.2	0.167
IgBNP	3.0 $\pm$ 0.6	2.9 $\pm$ 0.6	3.2 $\pm$ 0.7	<0.001
HbA1c (%)	6.5 $\pm$ 1.5	6.5 $\pm$ 1.5	6.6 $\pm$ 1.5	0.377
Anemia, n (%)	430 (32.8)	337 (31.4)	93 (39.6)	0.015
<b>Perioperative medications, n (%)</b>				
ACEI/ARB	1,168 (89.2)	1,000 (93.1)	168 (71.5)	<0.001
CCB	110 (8.4)	92 (8.6)	18 (7.7)	0.650
Diuretic	403 (30.8)	321 (29.9)	82 (34.9)	0.132
<b>Angiographic and procedural characteristics</b>				
Emergent PCI, n (%)	693 (52.9)	547 (50.9)	146 (62.1)	0.002
Peri-hypotension, n (%)	105 (8.0)	72 (6.7)	33 (14.0)	<0.001
Peri-IABP, n (%)	109 (8.3)	62 (5.8)	47 (20.0)	<0.001
Coronary lesions	2.1 $\pm$ 1.0	2.1 $\pm$ 1.0	2.2 $\pm$ 1.0	0.058
Contrast volume >200 mL, n (%)	82 (6.3)	66 (6.1)	16 (6.8)	0.704
Total HV (mL)	877.7 $\pm$ 557.6	844.0 $\pm$ 524.8	1031.7 $\pm$ 668.0	<0.001

SBP, systolic blood pressure; DBP, diastolic blood pressure; DM, diabetes mellitus; CABG, coronary artery bypass grafting; eGFR, effective glomerular filtration rate; SCr, serum creatinine rate; HDL-c, high density lipoprotein cholesterol; LDL-c, low density lipoprotein cholesterol; LVEF, left ventricular ejection fraction; IgBNP, Ig brain natriuretic peptide; HbA1c, hemoglobin A1c; ACEI/ARB, angiotensin-converting enzyme inhibitors/angiotensin receptor blocker; CCB, calcium channel blocker; LM, left main coronary artery; PCI, percutaneous coronary intervention; IABP, intra-aortic balloon pump; HV, hydration volume.

**Table 3** Primary and secondary endpoint of patients with AMI

Characteristic	Total (n=1,309), n (%)	$\beta$ -blockers (n=1,074), n (%)	Non $\beta$ -blockers (n=235), n (%)	P value
CIN 0.5	76 (5.8)	42 (3.9)	34 (14.5)	<0.001
Post-dialysis	28 (2.1)	17 (1.6)	11 (4.7)	0.003
In-hospital death	53 (4.0)	29 (2.7)	24 (10.2)	<0.001
Follow-up death	77 (5.9)	43 (4.0)	34 (14.5)	<0.001
In-hospital MACE	115 (8.8)	74 (6.9)	41 (17.4)	<0.001
Follow-up MACE	96 (7.3)	59 (5.5)	37 (15.7)	<0.001

CI-AKI, contrast-induced acute kidney injury; MACE, major adverse cardiovascular events.

**Table 4** Multivariate Cox analysis for association of  $\beta$ -blockers with CI-AKI

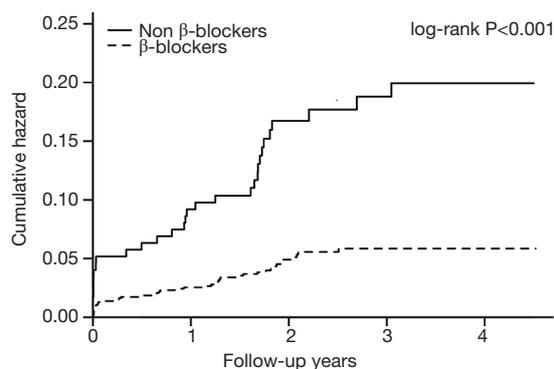
Variables	Univariate Cox analysis			Multivariate Cox analysis		
	OR	95% CI	P value	OR	95% CI	P value
$\beta$ -blockers	0.241	0.149–0.388	<0.001	0.520	0.291–0.930	0.027
Age	4.808	2.962–7.805	<0.001	3.609	1.994–6.530	<0.001
Gender	1.807	1.052–3.106	0.032			
Weight	0.963	0.942–0.985	0.001			
SBP	1.000	0.989–1.012	0.971			
DBP	0.996	0.977–1.016	0.720			
Egfr <60	6.275	3.894–10.112	<0.001	3.443	1.920–6.173	<0.001
Anemia	1.711	1.072–2.731	0.024			
ACEI/ARB	0.329	0.190–0.572	<0.001			
Emergency PCI	2.816	1.656–4.789	<0.001	2.133	1.143–3.981	0.017
Peri-hypotension	8.159	4.838–13.762	<0.001	3.421	1.724–6.790	<0.001
Peri-IABP	13.370	8.040–22.234	<0.001	4.175	2.178–8.003	<0.001
DM	1.426	0.840–2.420	0.189	0.909	0.464–1.77	0.779
Lesion	1.519	1.193–1.933	<0.001	1.099	0.829–1.457	0.514
LVEF <40%	3.337	1.904–5.848	<0.001	2.017	1.010–4.031	0.047
Dose >200	0.823	0.293–2.310	0.711	0.684	0.208–2.250	0.532

CI-AKI, contrast-induced acute kidney injury; SBP, systolic blood pressure; DBP, diastolic blood pressure; eGFR, effective glomerular filtration rate; HCT, hematocrit; IABP, intra-aortic balloon pump; DM, diabetes mellitus; LVEF, left ventricular ejection fraction.

sympathetic nerve are important reasons for reduction of renal perfusion. A recent hypothesis more strongly supports the association of AMI with sympathetic hyperactivity, high heart rate of patients with AMI is closely related to the occurrence of acute renal injury (18,19).

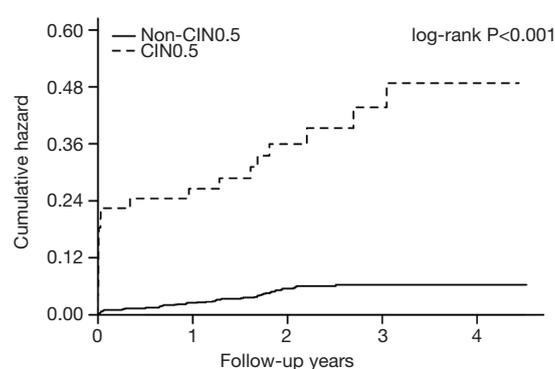
The 2014 AHA/ACC guideline clearly pointed out that patients with AMI should take  $\beta$ -blockers except for those patients who are complicated with contraindications such

as a low heart rate, acute decompensated heart failure, or bronchoconstriction (20,21). Hirschl *et al.* reports that patients with ST-segment elevation myocardial infarction (STEMI) may also get benefit from the early use of  $\beta$ -blockers (22).  $\beta$ -blockers improve endothelial dysfunction in renal ischemia because of endothelial nitric oxide synthase activation (23). Most studies indicated that hemodynamic activation would play a significant role in



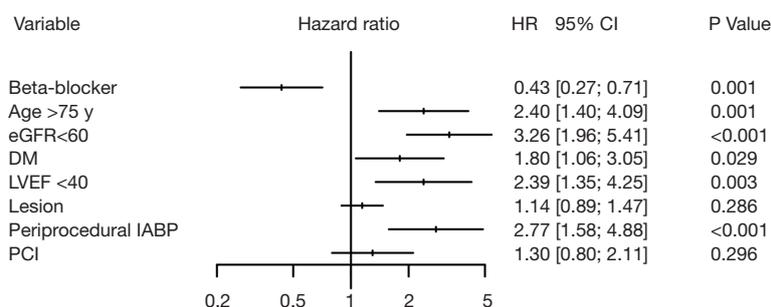
Number of patients at risk					
Non $\beta$ -blockers	171	158	94	71	10
$\beta$ -blockers	865	840	478	246	45
Follow-up years	0	1	2	3	4

**Figure 1** Association between  $\beta$ -blockers and long-term mortality.



Number of patients at risk					
Non-CIN0.5	989	962	548	306	50
CIN0.5	47	36	24	11	5
Follow-up years	0	1	2	3	4

**Figure 3** Association between CIN and long-term mortality. CIN, contrast-induced nephropathy.



**Figure 2** Cox proportional hazards regression analyses of long-term mortality. eGFR, effective glomerular filtration rate; PCI, emergency percutaneous coronary intervention; IABP, intra-aortic balloon pump; DM, diabetes mellitus; LVEF, left ventricular ejection fraction.

the worsened renal function, active sympathetic nervous and renin-angiotensin-aldosterone system (24). Finally,  $\beta$ -blockers can interdict the vicious circle by reducing the sympathetic nerve system activity that improve the prognosis (8).

After multivariate adjusting, 10 variables were associated with CI-AKI, 3 (peri-hypotension, LVEF <40%, and IABP) are directly reflected in worsened cardiac function and poor prognosis. In conclusion, early  $\beta$ -blockers administration may keep renal function and reduce mortality by decreasing sympathetic activity in patients with AMI who are undergoing CAG or PCI.

### Limitations

This study has several limitations. This study is an observational, single-centre study. The evidence may not be as strong as that

of a randomized, controlled trial. Besides, though we have calculated the hydration volumes, data of water intake hydration volumes is lacked.

### Conclusions

Our study shows that early  $\beta$ -blockers administration might be associated with a moderately reduced risk of CI-AKI and long-term mortality among patients with AMI who are undergoing CAG or PCI. This needs to be further investigated and validated in further large-scale, multi-centre, randomized, controlled trials.

### Acknowledgements

We appreciate the efforts of our statistical consultant, An Fan, MD, Guangzhou 510515, Guangdong, China.

**Funding:** The study was supported by grants from the Guangdong General Hospital Clinical Research Fund (2014dzx02) and Science and Technology Planning Project of Guangdong Province (2014B070706010) as major funding bodies. This study was also supported by the Progress of Science and Technology Project in Guangdong Province (grant numbers: 2013b031800025, 2016b020215130, 2017B020247060), Cardiovascular Research Foundation Project of Chinese Medical Doctor Association (SCRFCMDA201216) and Beijing Lisheng Cardiovascular pilot Foundation (LHJJ201612127).

### Footnote

**Conflicts of Interest:** The authors have no conflicts of interest to declare.

**Ethical Statement:** Ethics approval has been obtained from the institutional research ethics boards at Guangdong General Hospital Ethics Research Committee and all other participating sites. Written informed consent was obtained from all participants.

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**Cite this article as:** Liu J, Sun G, He Y, Song F, Chen S, Guo Z, Liu B, Lei L, He L, Chen J, Tan N, Liu Y. Early  $\beta$ -blockers administration might be associated with a reduced risk of contrast-induced acute kidney injury in patients with acute myocardial infarction. *J Thorac Dis* 2019;11(4):1589-1596. doi: 10.21037/jtd.2019.04.65