Introduction

The standard of care first-line systemic therapy for extensive-stage small-cell lung cancer (ES-SCLC) is now a programmed death ligand-1 (PD-L1) inhibitor plus etoposide plus platinum (EP). There is no standard next line systemic therapy following development of progressive disease on this chemoimmunotherapy regimen. Topotecan and amrubicin, as well as the programmed death-1 (PD-1) inhibitors nivolumab or pembrolizumab have been approved as subsequent line therapies in different parts of the world. Nivolumab or pembrolizumab monotherapy are unlikely to be effective following development of progressive disease on first-line chemoimmunotherapy. Newer systemic therapies (e.g., lurbinectedin and temozolomide plus poly-ADP ribose polymerase inhibition) have demonstrated greater response rates than topotecan, amrubicin or PD-1 inhibitors. The data on these newer systemic therapies and other agents that may soon enter clinic are reviewed in this manuscript. Additionally, some of the key questions arising following clinical trials of these newer agents are highlighted.

Methods

Trials were identified by searching PubMed without date limits, abstracts from major medical society meetings since 2015 (American Association for Cancer Research Annual Meeting, American Society of Clinical Oncology Annual Meeting, European Society of Medical Oncology Annual Meeting, International Association for the Study of Lung Cancer World Conference on Lung Cancer), presentations from the International Association for the Study of Lung Cancer Targeted Therapies of Lung Cancer Meeting in 2020, and clinicaltrials.gov using the keywords: lurbinectedin, lurbinectedin plus doxorubicin, PM01183, temozolomide, temozolomide plus veliparib, temozolomide plus olaparib, talazoparib and small-cell lung cancer, topotecan, amrubicin, CAV and anlotinib. Trials review we summarize the data on these and other systemic therapy options for patients who develop progressive disease on first-line chemoimmunotherapy.

Abstract: Nearly all patients with extensive-stage small-cell lung cancer (ES-SCLC) relapse following first-line etoposide plus platinum (EP) with or without immune checkpoint inhibition. Topotecan and amrubicin are chemotherapies approved for these patients. The toxicities of these chemotherapies are significant and survival when treated with these regimens is minimal. The programmed death-1 (PD-1) inhibitors nivolumab and pembrolizumab are unlikely to be effective for patients who develop progressive disease on first-line chemoimmunotherapy. Newer systemic therapies (e.g., lurbinectedin and temozolomide plus poly-ADP ribose polymerase inhibition) have demonstrated greater response rates than topotecan, amrubicin or PD-1 inhibitors. The data on these newer systemic therapies and other agents that may soon enter clinic are reviewed in this manuscript. Additionally, some of the key questions arising following clinical trials of these newer agents are highlighted.

Keywords: Small-cell lung cancer (SCLC); lurbinectedin; temozolomide; second line; subsequent line

doi: 10.21037/jtd.2020.03.67
View this article at: http://dx.doi.org/10.21037/jtd.2020.03.67
not reporting efficacy data on small-cell lung cancer were excluded.

**Lurbinectedin**

Lurbinectedin impairs the formation of ribonucleic acid (RNA) by limiting the binding of transcription factors to their promoters (5,6). This action may have antitumor activity in certain malignancies. Additionally, lurbinectedin decreases transcription within tumor-associated macrophages, which may lead to decreased tumor cell proliferation, decreased tumor cell survival, improved antitumor immunity and decreased angiogenesis (5,6).

Lurbinectedin is not approved for treatment of ES-SCLC. However, multiple clinical trials have evaluated lurbinectedin as either a single agent or in combination for second or subsequent line therapy of ES-SCLC (5,6,9). A new drug application has been submitted to the Food and Drug Administration (FDA) for lurbinectedin monotherapy in relapsed SCLC. A decision on this approval is expected by August 2020 (10). Additionally, an expanded access program for single agent lurbinectedin has recently opened. The data supporting the FDA new drug application are summarized below, as are trials that have evaluated lurbinectedin in combination with other chemotherapies.

**Lurbinectedin monotherapy**

A phase II study evaluated lurbinectedin monotherapy for ES-SCLC patients who had received ≥1 prior line of chemotherapy. There were 105 patients treated. Only 4 patients had a history of baseline central nervous system (CNS) metastases. The CNS metastases in each of these 4 patients were asymptomatic and previously treated. Patients with Eastern Cooperative Oncology Group (ECOG) performance status of 0-1 accounted for 92.4% of the study population. Only 7.6% of treated patients had received prior immunotherapy. Lurbinectedin was dosed intravenously at 3.2 mg/m$^2$ every 3 weeks until development of progressive disease or other discontinuation criteria were met. The median follow-up was 17.1 months (6,11).

The investigator assessed confirmed objective response rate (ORR) was 35.2%. Platinum sensitive patients had a higher ORR at 45.0% (27 of 60) when compared to platinum resistant patients who had an ORR of 22.2% (10 of 45). Similarly, the median investigator assessed progression-free survival (PFS) was 3.9 months. The PFS was greater in platinum sensitive patients when compared to platinum resistant patients, median PFS of 4.6 versus 2.6 months. Median overall survival (OS) was 9.3 months. The OS was also greater in platinum sensitive patients when compared to platinum resistant patients, median OS of 11.9 versus 5.0 months, 1-year OS of 48.3% versus 15.9%. This drug was relatively well tolerated, with the most common adverse events consisting of cytopenias (Table 1) (6,11). Dose delays and dose reductions each occurred in approximately 25% of patients. About 20% of patients required administration of granulocyte colony stimulating factor (G-CSF) (6,11).

**Lurbinectedin plus doxorubicin**

A phase I/Ib trial evaluated this combination in patients with ES-SCLC. The recommended phase II dose (RP2D) was doxorubicin 40 mg/m$^2$ on day 1 plus lurbinectedin 2 mg/m$^2$ on day 1, with both medications being administered every 21 days. Doxorubicin was administered until a total dose of 450 mg/m$^2$, development of progressive disease or other discontinuation criteria were met. Lurbinectedin monotherapy was continued at a dose of 4 mg/m$^2$ in patients who had stable disease or better following completion of combination therapy. Lurbinectedin was administered until development of progressive disease or other discontinuation criteria were met. There were 27 patients treated at the RP2D, only 1 of these patients had known CNS involvement. The number of patients having received prior immune checkpoint inhibition was not available (5).

The ORR at the RP2D was 37%. The median PFS was 3.4 months and the median OS was 7.9 months. This regimen had a high amount of grade ≥3 adverse events, mainly consisting of cytopenias. Neutropenia was the most common grade ≥3 adverse event, with an incidence of 93% (Table 1) (5). It is important to note that primary prophylaxis with G-CSF was not administered with this regimen and perhaps should have been. The investigators on this trial state that the neutropenia was well managed with G-CSF and dose reductions (5).

Patients in this trial with a chemotherapy free interval (CTFI) <30 days were observed to have very poor outcomes with this chemotherapy combination. Thus, an exploratory analysis was done excluding this poor prognosis group. When doing this the ORR was 48% (10 of 21), median PFS was 5.3 months and median OS was 10.2 months. Efficacy outcomes were much better for platinum sensitive patients
<table>
<thead>
<tr>
<th>Therapy</th>
<th>Patient number</th>
<th>Median lines prior therapy</th>
<th>ORR</th>
<th>PFS (months)</th>
<th>OS (months)</th>
<th>Adverse events</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lurbinectedin</td>
<td>105</td>
<td>1 (range, 1–2)</td>
<td>35.2% (95% CI, 26.2–45.2)</td>
<td>3.9 (95% CI, 2.6–4.6)</td>
<td>9.3 (95% CI, 6.3–11.8)</td>
<td>Grade 3–4 neutropenia 22.9%</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Grade 3–4 anemia 6.7%</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Grade 3–4 thrombocytopenia 4.8%</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Grade 3–4 febrile neutropenia 4.8%</td>
</tr>
<tr>
<td>Lurbinectedin plus doxorubicin</td>
<td>27</td>
<td>1 (range, 1–2)</td>
<td>37%</td>
<td>3.4 (95% CI, 2.0–6.0)</td>
<td>7.9 (95% CI, 5.0–12.0)</td>
<td>Grade 3–4 neutropenia 93%</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Grade 3–4 anemia 21%</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Grade 3–4 thrombocytopenia 18%</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Grade 3–4 febrile neutropenia 14%</td>
</tr>
<tr>
<td>Lurbinectedin plus irinotecan</td>
<td>17</td>
<td>2 (range, 1–3)</td>
<td>35%</td>
<td>5.4</td>
<td>NA</td>
<td>Grade 3–4 neutropenia 64.7%</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Grade 3–4 anemia 23.5%</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Grade 3–4 diarrhea 11.8%</td>
</tr>
<tr>
<td>Lurbinectedin plus paclitaxel</td>
<td>7</td>
<td>1 (range, 1–4)</td>
<td>71%</td>
<td>4.8</td>
<td>NA</td>
<td>Grade 3–4 neutropenia 85.7%</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Grade 3–4 anemia 28.6%</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Grade 3–4 febrile neutropenia 14.3%</td>
</tr>
<tr>
<td>Temozolomide</td>
<td>64</td>
<td>1 (range, 1–2)</td>
<td>20% (95% CI, 11–32)</td>
<td>1.6 (95% CI, 0.9–3.0)</td>
<td>5.8 (95% CI, 4.2–7.0)</td>
<td>Grade 3–4 lymphopenia 30%</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Grade 3–4 thrombocytopenia 10%</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Grade 3–4 neutropenia 5%</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Grade 3–4 febrile neutropenia 2%</td>
</tr>
<tr>
<td>Temozolomide</td>
<td>25</td>
<td>1 (range, 1–2)</td>
<td>12% (95% CI, 3.0–31)</td>
<td>1.8 (95% CI, 0.9–3.5)</td>
<td>5.8 (95% CI, 3.3–9.8)</td>
<td>Grade 3–4 thrombocytopenia 16%</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Grade 3–4 neutropenia 8%</td>
</tr>
<tr>
<td>Temozolomide</td>
<td>49</td>
<td>1 (range, NA)</td>
<td>14% (95% CI, 5.0–27.0)</td>
<td>2.0 (95% CI, 1.3–3.7)</td>
<td>7.0 (95% CI, 5.3–9.5)</td>
<td>Grade 3–4 lymphopenia 26%</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Grade 3–4 thrombocytopenia 9%</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Grade 3–4 leukopenia 7%</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Grade 3–4 neutropenia 7%</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Grade 3–4 febrile neutropenia 0%</td>
</tr>
<tr>
<td>Temozolomide plus veliparib</td>
<td>55</td>
<td>1 (range, NA)</td>
<td>39% (95% CI, 25–54)</td>
<td>3.8 (95% CI, 3.0–4.1)</td>
<td>8.2 (95% CI, 6.4–12.2)</td>
<td>Grade 3–4 thrombocytopenia 50%</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Grade 3–4 neutropenia 31%</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Grade 3–4 leukopenia 24%</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Grade 3–4 lymphopenia 20%</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Grade 3–4 anemia 11%</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Grade 3–4 febrile neutropenia 4%</td>
</tr>
</tbody>
</table>

Table 1 (continued)
(CTFI ≥90 days) when compared to platinum resistant patients. In platinum sensitive patients the ORR was 50% (9 of 18) and in platinum resistant patients the ORR was 11% (1 of 9). The median PFS was 5.7 months in platinum sensitive patients and 1.5 months in platinum resistant patients. Similarly, the median OS was 11.5 months in platinum sensitive patients versus 4.9 months in platinum resistant patients (5).

The high response rates seen in this trial were encouraging and prompted a randomized phase III trial called ATLANTIS. The ATLANTIS study excluded patients with a CTFI of <30 days because of poor outcomes seen in prior lurbinectedin trials. Patients must have received first-line platinum-based chemotherapy in order to be eligible, but they could not have received other chemotherapy. Patients with a history of CNS metastases were allowed, but these metastases must have been stable and patients could not have been taking steroids for management of CNS disease. There were 613 patients enrolled. They were randomized 1:1 between doxorubicin 40 mg/m² on day 1 plus lurbinectedin 2 mg/m² on day 1 of each 21-day cycle or standard chemotherapy (topotecan or cyclophosphamide plus adriamycin plus vincristine). The randomization was stratified based on ECOG performance status, CTFI (≥180 versus 90–179 versus <90 days), CNS involvement, prior PD-1 axis inhibition and investigator preference. This study required primary prophylaxis with G-CSF because of high rates of neutropenia seen on the phase Ib trial with doxorubicin plus lurbinectedin (10,12). The final read out of this study is expected to occur during the third quarter of 2020 (10).

### Lurbinectedin with other systemic therapies

Two phase I dose escalation studies evaluated lurbinectedin in combination with either irinotecan or paclitaxel in patients with previously treated ES-SCLC. There were 18% of patients treated with the irinotecan combination who received prior immunotherapy and 0% of patients treated with the paclitaxel combination that received prior immunotherapy. The RP2D of lurbinectedin in combination with irinotecan was irinotecan 75 mg/m² on days 1 and 8 plus lurbinectedin 2.0 mg/m² on day 1 every 21 days plus G-CSF as primary prophylaxis. The RP2D in combination with paclitaxel was paclitaxel 80 mg/m² on days 1 and 8 plus lurbinectedin 2.2 mg/m² on day 1 every 21 days. At all dose levels evaluated the ORR was 35% (6 of 17) for lurbinectedin plus irinotecan and 71% (5 of 7) for lurbinectedin plus paclitaxel (Table 1) (9). At the RP2D the ORR was 62.5% (5 of 8) for the combination with irinotecan and 80% (4 of 5) for the combination with paclitaxel. The median PFS was 5.4 months at all dose levels for the combination with irinotecan and 4.8 months at all dose levels for the combination with paclitaxel. Cytopenias are the predominant toxicities seen with these combinations (Table 1) (9).

### Future directions with lurbinectedin

Trials are being planned to evaluate lurbinectedin in combination with immune checkpoint inhibitors. Additionally, there is thought being given to evaluating this drug in the first-setting. Ongoing trials of lurbinectedin are indicated in Table 2 (12).
Temozolomide is an alkylating agent of deoxyribonucleic acid (DNA). Temozolomide has good CNS penetration and has demonstrated efficacy in primary brain tumors (13,14). It has been evaluated in SCLC both as a monotherapy and in combination with PARP inhibitors (7,8,15,16).

**Combination therapy with temozolomide plus PARP inhibition**

A randomized phase II trial compared temozolomide plus the PARP inhibitor veliparib versus temozolomide monotherapy. Temozolomide was dosed at 150–200 mg/m² on days 1–5 of each 28-day cycle and veliparib or placebo were dosed at 40 mg twice daily on days 1–7 (8). Additionally, a single arm phase I/ib trial evaluated temozolomide plus the PARP inhibitor olaparib. In this latter trial multiple dosing combinations were evaluated and the RP2D was determined to be temozolomide 75 mg/m² daily on days 1–7 and olaparib 200 mg twice daily on days 1–7 of each 21-day cycle (7). The percentage of patients having received prior immune checkpoint inhibition on these temozolomide plus PARP inhibitor combination trials was not available (7,8). The ORR with combination temozolomide plus PARP inhibitor appears to be greater than with temozolomide monotherapy. The ORR for temozolomide plus veliparib was 39% versus 14% with temozolomide alone (8). Combination temozolomide plus olaparib demonstrated a confirmed ORR of 42% (7). The clinical trial data do not demonstrate a clearly superior ORR for combination temozolomide plus PARP inhibitor in platinum sensitive versus resistant patients (7,8). However, patient derived xenografts suggested the combination of temozolomide plus olaparib may be more efficacious in platinum sensitive tumors (7). With temozolomide plus veliparib, the ORR was 41% in platinum sensitive patients and 37% in platinum resistant patients. With temozolomide plus olaparib, the confirmed ORR was 47% in platinum sensitive patients versus 29% in platinum resistant patients (7,8).

The numerically higher difference in ORR between platinum sensitive and resistant patients on the temozolomide plus olaparib study may have been in part due to the differences in classification of platinum sensitivity between the two studies. On the temozolomide plus veliparib study, platinum sensitivity was defined as

---

**Table 2 Ongoing trials evaluating lurbinectedin in small-cell lung cancer**

<table>
<thead>
<tr>
<th>Trial</th>
<th>Phase</th>
<th>NCT number</th>
<th>Number of patients</th>
<th>Estimated completion date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lurbinectedin with irinotecan in solid tumors</td>
<td>Phase I/II</td>
<td>02611024</td>
<td>150</td>
<td>November 2021</td>
</tr>
<tr>
<td>Lurbinectedin with olaparib in solid tumors</td>
<td>Phase Ib/II</td>
<td>02684318</td>
<td>100</td>
<td>October 2019</td>
</tr>
<tr>
<td>Lurbinectedin plus atezolizumab small-cell lung cancer</td>
<td>Phase I/II</td>
<td>04253145</td>
<td>25</td>
<td>February 2022</td>
</tr>
<tr>
<td>Lurbinectedin versus chemotherapy (ATLANTIS)</td>
<td>Phase III (randomized)</td>
<td>02566993</td>
<td>613</td>
<td>February 2020</td>
</tr>
</tbody>
</table>

NCT, national clinical trials number.
relapse ≥60 days following completion of platinum-based chemotherapy. On this study platinum resistance was defined as relapse during or within 60 days of completion of platinum-based chemotherapy or receipt of third-line therapy. On the temozolomide plus olaparib study, platinum sensitivity was defined as relapse ≥90 days following completion of platinum-based chemotherapy (7,8).

Survival outcomes were not clearly superior for combination temozolomide plus PARP inhibitor when compared to temozolomide monotherapy. The PFS with temozolomide plus veliparib was not statistically significantly improved when compared to temozolomide monotherapy, median PFS of 3.8 versus 2.0 months, P=0.39. Similarly, the median OS was 8.2 months with combination therapy versus 7.0 months with temozolomide monotherapy, with 1-year OS being 35% versus 30% respectively, P=0.50 (8). With temozolomide plus olaparib the survival numbers appeared similar to combination temozolomide plus veliparib. At a median follow-up of 7.1 months for temozolomide plus olaparib, the median PFS was 4.2 months and median OS was 8.5 months (7). The most significant toxicities with combination temozolomide plus PARP inhibition are cytopenias and many patients treated with these combinations require dose reductions or dose interruptions (7,8). However, unlike for lurbinectedin there is theoretical penetration of this combination therapy into the CNS and a potential biomarker that could predict for efficacy. These differences, along with the convenience of taking pills as opposed to receiving an intravenous infusion, may make temozolomide plus PARP inhibition a more attractive option for some patients and providers.

**Potential biomarkers for temozolomide plus PARP inhibition**

Schlafen family member 11 (SLFN-11) regulates the response to DNA damage and replication stress; it can help halt the cell cycle in response to DNA damage (21). SLFN-11 expression on tumor cells by immunohistochemistry was associated with improved survival for temozolomide plus veliparib, but expression was not associated with improved survival for temozolomide monotherapy. With this combination the median PFS was 5.7 months in patients with SLFN-11 expression (n=12) versus 3.6 months in patients without expression (n=14), P=0.009. Similarly, the median OS was 12.2 versus 7.5 months for patients with and without SLFN-11 expression, P=0.014 (8). In patient derived xenografts, SLFN-11 messenger RNA expression was also associated with improved outcomes with temozolomide plus olaparib (7).

There is currently no test of SLFN-11 expression that is approved for use in human samples and larger sample sizes are needed to validate this potential biomarker. Similarly, it remains to be determined whether expression of SLFN-11 on archival tissue will have similar utility to predict efficacy of temozolomide plus PARP inhibition when compared to levels of SLFN-11 on new biopsies/fresh tissue. Whether SLFN-11 RNA expression or SLFN-11 protein expression by immunohistochemistry are better at predicting patients who may derive longer term benefit from this combination requires further study.

Other biomarkers that have been investigated in human samples and which were not found to associate with efficacy of combination temozolomide plus PARP inhibition include PARP-1 expression by immunohistochemistry, O’6 methyl guanine DNA methyltransferase (MGMT) promoter methylation status and DNA repair defects in tumor tissue (8). However, it was hard to adequately evaluate the association of MGMT promoter methylation status and DNA repair defects with efficacy of combination temozolomide plus PARP inhibition because of small numbers of patients evaluable for these alterations (8).

**Retreatment with platinum-based doublets**

Retreatment with platinum-based doublets is considered in patients with platinum sensitive disease. Platinum sensitive disease has traditionally been defined as relapse ≥90 days following receipt of most recent platinum-based regimen, while platinum resistant disease has generally been referred to as relapse <90 days following receipt of most recent platinum-based regimen. However, these definitions were developed in an era where there was no maintenance therapy following induction EP. Additionally, chemotherapy plus immune checkpoint inhibition is now considered the standard first-line therapy in many parts of the world for patients with ES-SCLC. Patients treated with this chemoimmunotherapy receive continuation maintenance with immune checkpoint inhibition. It is possible that this 90-day cut point may no longer help to optimally determine platinum sensitive versus resistant patients and that other biomarkers (e.g., inflammatory gene signatures or SLFN-11 expression) could be investigated in this regard. The definition of platinum sensitive versus resistant disease needs to be revised in the current era of continuation maintenance with immune checkpoint inhibition following
induction chemoimmunotherapy.

Nevertheless, some patients with relapsed ES-SCLC and a long time since receipt of their last platinum-based chemotherapy may be candidates for retreatment with platinum-based doublets. Retrospective studies have suggested potential efficacy of retreatment with platinum-based doublets for patients with platinum sensitive disease when using the old definition, which employed the 90-day time point to distinguish platinum sensitivity. In these retrospective studies the ORR ranged from 34% to 65%. In one of these studies the median PFS was 5.5 months. The OS across these studies ranged from 6.3 to 14.4 months. However, randomized studies have not been conducted comparing retreatment with platinum-based doublets versus other subsequent line systemic therapy options in patients with platinum sensitive disease (21). Whether retreatment with platinum-based doublets is similarly efficacious, inferior or superior to these other options in platinum-sensitive patients remains to be determined. Additionally, data is not available to determine what the median relapse time was following receipt of platinum-based doublets for patients receiving retreatment on these retrospective studies. In essence, could the encouraging ORR and survival seen in these patients have been biased by highly platinum sensitive patients (e.g., those with relapse 6–12 months or more following receipt of last platinum-based therapy)? Similarly, did site of relapse (CNS versus extra-CNS) or number of progressing sites bias in any way the outcomes observed in these retrospective studies?

Topotecan or amrubicin

Topotecan is a topoisomerase I inhibitor (1-4). It is an approved second line chemotherapy for ES-SCLC. The ORR in unselected patients is 10–24%, with ORR being greater in platinum sensitive versus platinum resistant patients. Platinum sensitive patients demonstrate an ORR of 17% to 27% and platinum resistant patients demonstrate an ORR of 5–13%. The median PFS in these studies ranged from 2.8 to 3.8 months. The median OS ranged from 5.8 to 8.4 months, with OS being greater in platinum sensitive versus resistant patients. The main side effects observed with topotecan are cytopenias (1-4).

Amrubicin is a topoisomerase II inhibitor (4). It is an approved second-line chemotherapy option in some parts of the World for patients with ES-SCLC. It was compared to topotecan in a randomized phase III study. The investigator assessed ORR was numerically higher with amrubicin, 31% versus 17%; however, the median investigator assessed PFS and OS were not significantly different. Importantly, amrubicin was associated with more grade ≥3 infections and a higher incidence of febrile neutropenia (4).

Other chemotherapies

The regimen of cyclophosphamide plus adriamycin plus vincristine (CAV) was compared to topotecan in a randomized study. CAV demonstrated similar efficacy as topotecan. However, symptom improvement was greater with topotecan (3).

Other chemotherapies have also been evaluated as second or subsequent line treatment in ES-SCLC: irinotecan, paclitaxel, gemcitabine, vinorelbine and others (21). While these therapies work for some patients, their outcomes are generally poor. The median PFS for these other chemotherapies ranges from 2 to 4 months and the median OS ranges from 4 to 7 months (21). These latter chemotherapies are sometimes used in patient management despite lacking formal approvals for ES-SCLC.

Anlotinib

Anlotinib is a multi-kinase inhibitor that most potently inhibits vascular endothelial growth factor receptor, KIT proto-oncogene receptor tyrosine kinase, platelet derived growth factor receptor and fibroblast growth factor receptor. This drug has been evaluated as third or later line treatment in patients with relapsed SCLC. On a phase II study patients were randomized to anlotinib or placebo. Anlotinib was administered orally at 12 mg daily dosing on days 1–14 of a 21-day cycle. It is important to note that on this trial there were 40.7% of patients (33 of 81) on the anlotinib arm who were never smokers and 28.9% of patients (11 of 38) on the placebo arm who were never smokers. This high percentage of never smokers is uncharacteristic of a SCLC patient population and could have favorably biased outcomes. Approximately 63% of patients on this study were not platinum sensitive, with a relatively equal distribution between the two study arms. The percentage of patients having received prior immune checkpoint inhibition was not provided (22).

The ORR was negligible with anlotinib at about 5%. However, the median PFS was significantly improved with anlotinib compared to placebo, median PFS of 4.1 months versus 0.7 months, HR 0.19, P<0.0001. Similarly, the median OS was improved with anlotinib compared
to placebo, with a median OS of 7.3 versus 4.9 months, HR 0.53, P=0.0210. This medication was relatively well tolerated, with the main adverse events consisting of hypertension (39.5% all grades), hand-foot syndrome (21% all grades), diarrhea (16% all grades), ALT elevation (16% all grades) and proteinuria (12.3% all grades) (Table 1) (22).

On the phase II trial of anlotinib discussed above patients with brain metastases could enroll if they had stable, previously treated brain metastases or asymptomatic untreated brain metastases. A subgroup analysis was conducted looking specifically at the patients with baseline brain metastases. Of the 21 patients with baseline brain metastases who received anlotinib there were 47.6% of patients who were never smokers, again not typical of a SCLC patient population. The percentage of those with baseline brain metastases on the placebo arm who were never smokers was 0%. There were approximately 75% of patients on the anlotinib arm with baseline brain metastases who had previous radiation therapy to the CNS, while only 44% of patients with baseline brain metastases on the placebo arm had previous radiation to the CNS. The intracranial ORR was not reported for patients on either arm. The median PFS was significantly improved with anlotinib treatment in patients with baseline brain metastases when compared to placebo, median 3.8 versus 0.8 months, HR 0.15, P=0.0005. Similarly, the median OS was improved in patients with baseline brain metastases treated with anlotinib at median OS of 6.1 versus 2.6 months, HR 0.26, P=0.0061 (23). The similar PFS and OS hazard ratios in patients with baseline brain metastases when compared to the whole study population suggest that anlotinib may not have a CNS liability. However, further follow-up and potential evaluation in patients with untreated brain metastases is needed to more optimally determine the CNS efficacy of anlotinib.

### Other treatments and drugs in development

Other drugs in development and their potential efficacy in ES-SCLC will be discussed in a separate section of this focused issue.

### Discussion

Several second and subsequent line systemic therapy options have been discussed in this manuscript. An important question with all of these regimens is whether one should continue the PD-1 axis inhibitor and add in one of these systemic therapies or whether the PD-1 axis inhibitor should be discontinued and one of these systemic therapies initiated (Figure 1). It is unknown whether and to what extent a disease flare may be seen on discontinuation of PD-1 axis inhibitors. Additionally, some of the second and subsequent line therapy options may enhance the efficacy of immune checkpoint inhibition (e.g., lurbinectedin or temozolomide plus PARP inhibition). Such a question could be evaluated in the context of a cooperative group trial, with patients being randomized to continuation PD-1 axis inhibition plus a predefined subsequent line therapy option versus a predefined subsequent line therapy option without PD-1 axis inhibition.

Lurbinectedin monotherapy and temozolomide plus PARP inhibition are emerging as potential second line systemic therapy options following development of progressive disease on chemoimmunotherapy. The frequency of brain metastases is estimated at up to 80% during the disease course in
patients with ES-SCLC (24). Unfortunately, neither of these combinations have reported intracranial response rates or intracranial PFS for patients with brain metastases (5-8). It is unknown whether lurbinectin has CNS penetration. In contrast, temozolomide and PARP inhibitors penetrate the CNS. Additionally, temozolomide monotherapy has shown efficacy in SCLC brain metastases and primary brain tumors (7,8,13,14). On the temozolomide plus veliparib study, about 20% of patients in each treatment arm (combo therapy and temozolomide mono therapy) had baseline brain metastases. These brain metastases had to be stable and asymptomatic, but they did not have to be previously treated (8). On the temozolomide plus olaparib study there were 40% of patients with baseline brain metastases. Patients with asymptomatic, untreated brain metastases <1 centimeter or previously treated and stable brain metastases were permitted to enroll on this latter study (7). Unfortunately, neither of these temozolomide plus PARP inhibitor studies reported data specific to patients with brain metastases or compared outcomes in patients with baseline brain metastases to those patients without baseline brain metastases (7,8). Thus, it is not possible to determine the CNS efficacy of this combination or whether or not there is a CNS liability of this regimen (Figure 1). On the lurbinectin monotherapy study only 4% of 105 patients had a history of CNS metastases (6,11). On the lurbinectin plus doxorubicin study only 1 of 27 patients (4%) had a history of CNS metastases (5). The rate of CNS relapse with lurbinectin monotherapy was <10% on the phase II study and the rate of CNS relapse on the lurbinectin plus doxorubicin study was 9 of 27 patients (33%) (5,6,11). It is important to note that these CNS relapse rates with lurbinectin monotherapy or combination were in patients with essentially no baseline CNS metastases. It is possible that using lurbinectin monotherapy or combination in patients with baseline CNS metastases could be associated with significantly higher rates of CNS relapse than reported in studies to date and further evaluation of lurbinectin in patients with a history of CNS metastases (both previously treated and untreated) is essential (Figure 1).

The majority of patients treated with lurbinectin monotherapy (about 92%) did not receive prior immune checkpoint inhibition (6,11). Additionally, data on percentage of patients having received prior immune checkpoint inhibition was not available for temozolomide plus PARP inhibition or lurbinectin plus doxorubicin (5,7,8). The other systemic therapy trials discussed in this manuscript were conducted before immune checkpoint inhibition was approved in SCLC and/or in clinical trials for this disease, allowing one to conclude that very few if any patients received prior immune checkpoint inhibition on these other chemotherapy trials. This is an important observation as we have observed unique and/or greater toxicities for some agents when administered following prior immunotherapy (e.g., tyrosine kinase inhibitors given after immunotherapy in non-small cell lung cancer). It is possible that following immune checkpoint inhibition that treatment with the systemic regimens discussed in this manuscript could have a different side effect and/or efficacy profile than highlighted in this review (Figure 1).

Lurbinectin monotherapy and combination therapy with doxorubicin have both demonstrated efficacy in relapsed ES-SCLC (Table 1) (5,6,11). However, the toxicity of the combination with doxorubicin is much greater than with lurbinectin monotherapy (Table 1) (5,6,11). Additionally, the survival outcomes appear to be similar between lurbinectin monotherapy and combination therapy with doxorubicin (Table 1) (5,6,11). Thus, unless the survival outcomes on the ATLANTIS study are clearly superior to lurbinectin monotherapy, the monotherapy regimen will be likely to be what moves forward into the treatment landscape of ES-SCLC.

The systemic therapy regimens discussed in this manuscript were evaluated predominately in patients with ECOG performance status 0 and 1. However, many patients with ES-SCLC have an ECOG performance status of ≥2. What the efficacy and toxicity of the regimens discussed in this review would be in patients with poor performance status remains to be determined (Figure 1).

Recently, SCLC investigators have proposed a classification schema of four molecular subtypes (25). The relationship that these molecular subtypes have in regards to the efficacy of the different systemic regimens discussed in this review will be important to investigate further (Figure 1). Such investigation may help with optimal selection of second and subsequent line systemic therapy options.

ES-SCLC almost always relapses following first-line treatment with EP plus a PD-1 axis inhibitor. Thus, effective subsequent line systemic therapy options are paramount. In this manuscript we have highlighted second or subsequent line systemic therapy options that are presently available in the clinic or soon to be available in the clinic. Future investigation of these regimens in special patient populations (e.g., patients with baseline CNS metastases or poor performance status), as well as evaluation...
of toxicity and efficacy following immune checkpoint inhibition are important (Figure 1). Unfortunately, survival with these different second or subsequent line systemic therapies is still not great. Thus, it is essential to further improve on subsequent line systemic therapy options for patients with ES-SCLC.

Acknowledgments

Funding: None.

Footnote

Conflicts of Interest: The author has completed the ICMJE uniform disclosure form (available at http://dx.doi.org/10.21037/jtd.2020.03.67). Advisory board/consulting role for AstraZeneca, Gerson Lehrman Group, Hengrui Pharmaceuticals, Novartis and Pfizer. Honorarium from Genentech and Takeda. Research funding from Pfizer to institution.

Ethical Statement: The author is accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

References


