

International collaboration and organ exchange in Switzerland

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Background: Organ exchange among organ procurement organisations (OPOs) serves three main purposes: firstly, it reduces the loss of donor organs for which there is no suitable recipient on the waiting list of an OPO; secondly, it improves the odds of specific patient groups for receiving a matching donor organ; thirdly, it allows an optimised donor-recipient match, due to an expansion of the donor and recipient pool. However, only few published studies provide figures for the significance of international organ sharing. This study aims to assess the impact of organ imports on the Swiss transplant activity.

Methods: We retrospectively analysed the data related to international organ exchange and its impact on the Swiss transplant activity. Information about organs from deceased donors offered by foreign OPOs was extracted from the Swiss Organ Allocation System for the period from 1 January 2009 to 31 December 2013.

Results: During the study period, 1028 organs were offered by foreign OPOs for allocation to patients needing transplantation in Switzerland. Of all organs offered, 35.9% originated from the Agence de la Biomédecine (France) and 25.6% from the National Health Service Blood and Transplant (United Kingdom). Totally 137 organs (13.3%) were accepted by the Swiss transplant centres for transplantation. These imported organs account for 7.2% of the transplants performed between 2009 and 2013. The impact of imported organs on the transplant activity was largest for the liver (14.2%), followed by heart (8.9%), lung (6.3%) and kidney (4.0%).

Conclusions: Our study showed that international organ exchange substantially contributed to the Swiss transplant activity during the period analysed. The collaboration between OPOs can be life-saving, especially for paediatric patients and selected adult transplant candidates. More patients might benefit from organ sharing if the standards for international collaboration could be further harmonised.

Keywords: Organ transplantation; organ allocation; organ procurement; international organ exchange; organ donation

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Introduction

For certain patients in need of a transplant, international organ exchange is life-saving. This is because every so often, no suitable organ is available for transplantation in the area of the organ procurement organisation (OPO) where a patient is on the waiting list. The only chance of survival for patients with end-stage organ failure, for which no alternative treatment to transplantation exists, is being transplanted with an organ offered by a foreign OPO. Yet, the benefits of international collaboration among OPOs

are not unique to this patient group, as organ sharing has various, more general advantages. Among these are, firstly, the reduction of the loss of donor organs for which there is no suitable recipient on an OPO's waiting list; secondly, international organ exchange improves the odds for specific patient groups, such as children, urgent or highly immunised patients, for receiving a matching donor organ; thirdly, international collaboration is valuable for OPOs in smaller counties, because it allows them to expand their otherwise limited donor pool, thereby increasing the likelihood of an optimised donor-recipient match (1-3).

Table 1 Origin OPO of organs offered to Swisstransplant 2009-2013

Organs	ABM (%)	NHSBT (%)	ET (%)	SCANDIA (%)	OCATT (%)	IGE (%)	Total (%)
Heart	83 (27.9)	109 (36.6)	24 (8.1)	43 (14.4)	28 (9.4)	11 (3.7)	298 (100.0)
Lung	82 (26.5)	133 (43.0)	31 (10.0)	39 (12.6)	15 (4.9)	9 (2.9)	309 (100.0)
Liver	110 (67.5)	6 (3.7)	6 (3.7)	16 (9.8)	14 (8.6)	11 (6.7)	163 (100.0)
Kidney	71 (46.1)	5 (3.2)	14 (9.1)	8 (5.2)	32 (20.8)	24 (15.6)	154 (100.0)
Others	23 (22.1)	10 (9.6)	58 (55.8)	5 (4.8)	4 (3.8)	4 (3.8)	104 (100.0)
Total	369 (35.9)	263 (25.6)	133 (12.9)	111 (10.8)	93 (9.0)	59 (5.7)	1,028 (100.0)

OPO, organ procurement organisation; ABM, Agence de la Biomédecine; NHSBT, National Health Service Blood and Transplant; ET, Eurotransplant; IGE, Italian Gate to Europe; SCANDIA, Scandiatransplant; OCATT, Organització Catalana de Trasplantaments.

However, a major limiting factor in international organ exchange is the acceptable cold ischaemia time (CIT). Organs that tolerate only short CITs, such as the heart and lungs, are therefore less suitable for long distance transports from remote OPOs than organs that allow longer CITs (4,5).

With the aim of supporting the collaboration among national or supranational OPOs, the European Organ Exchange Organisation (EOEO) was established in 2004 (3). The members of the EOEO exchange organs for which there is no suitable recipient on the offering OPO's waiting list with the other member OPOs. According to the first-come first-served principle, an organ offered by an EOEO member is allocated to the OPO that first accepts the organ for transplantation to a patient on its waiting list (4). Even though international cooperation is widely acknowledged as an important factor in organ transplantation, only limited information about the impact of international organ exchange is available. To the best of our knowledge, only a few studies specifically addressing this issue have been published during the last decade (2,4,6-8). The goal of our study was thus to evaluate the impact of international organ exchange on the Swiss transplant activity, and raising the awareness of the fact that many patients owe their life to international organ exchange.

Methods

This study is a retrospective analysis of data related to international organ exchange and its impact on the Swiss transplant activity. The study period was 1 January 2009 to 31 December 2013; excluded from the analysis was living donation data. The Swiss Organ Allocation System (SOAS) data base was queried for information about the organs offered by foreign OPOs affiliated with the EOEO. In a first step, the offers were categorised by organ type

and according to the origin OPO of the organs. Then, the subset of accepted offers (i.e., organs originating from foreign OPOs allocated to patients on the Swiss waiting list) was partitioned by calendar year. For each organ type, the acceptance rate of foreign offers (the number of organs allocated expressed as a percentage of the total number of offers) was calculated. In order to evaluate the impact of allocated foreign offers on the Swiss transplant activity, the number of transplants from deceased donors performed during the study period was extracted from SOAS. For the assessment of the impact, the number of foreign offers allocated to patients on the Swiss waiting list was divided by the total number of transplants.

Paediatric heart transplant data was gathered within the framework of a medical doctorate thesis. The supplementary information about the hearts offered by foreign OPOs and the patients on the Swiss waiting list for the period between 1 January 2004 and 31 December 2008 was also extracted from SOAS.

Results

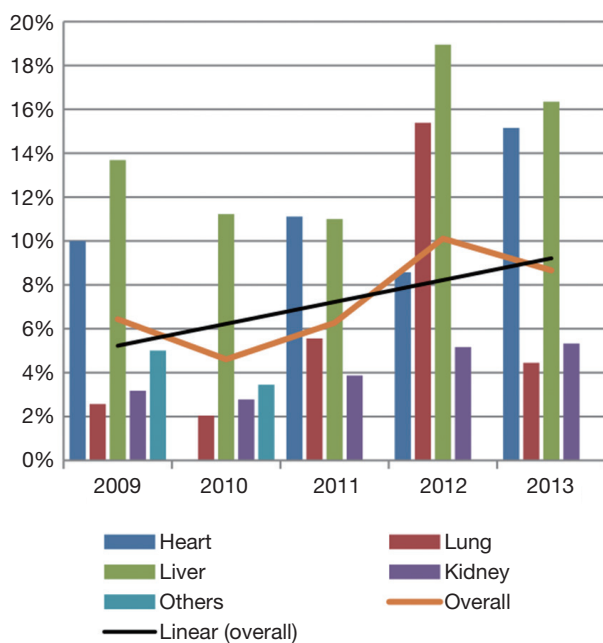
Between 2009 and 2013, a total of 1028 organs from deceased donors were offered by foreign OPOs to Swisstransplant, the Swiss National Foundation for organ donation and transplantation, for allocation to patients needing transplantation in Switzerland (Table 1). Of all organs offered, 35.9% originated from the Agence de la Biomédecine (ABM), 25.6% from the National Health Service Blood and Transplant (NHSBT), 12.9% from Eurotransplant (ET), 10.8% from Scandiatransplant (SCANDIA), 9.0% from the Organització Catalana de Trasplantaments (OCATT), and 5.7% from Italian Gate to Europe (IGE).

When looking at the distribution of offers by organ type, Table 1 shows that the largest number of hearts was offered

Table 2 Organs offered by foreign OPOs allocated to patients on the Swiss waiting list 2009–2013

Organs	Organs originating from foreign OPOs allocated to patients in Switzerland (%)					Organs offered by foreign OPOs		
	2009	2010	2011	2012	2013	Total	Total [2009-2013]	Acceptance rate
Heart	3 (20.0)	0 (0.0)	4 (26.7)	3 (20.0)	5 (33.3)	15 (100.0)	298	5.0%
Lung	1 (6.7)	1 (6.7)	3 (20.0)	8 (53.3)	2 (13.3)	15 (100.0)	309	4.9%
Liver	13 (18.6)	11 (15.7)	11 (15.7)	18 (25.7)	17 (24.3)	70 (100.0)	163	42.9%
Kidney	6 (17.1)	5 (14.3)	7 (20.0)	8 (22.9)	9 (25.7)	35 (100.0)	154	22.7%
Others	1 (50.0)	1 (50.0)	0 (0.0)	0 (0.0)	0 (0.0)	2 (100.0)	104	1.9%
Total	24 (17.5)	18 (13.1)	25 (18.2)	37 (27.0)	33 (24.1)	137 (100.0)	1,028	13.3%

OPOs, organ procurement organisations.



Data below						
	2009	2010	2011	2012	2013	Total (organ type)
Transplanted						
Heart	30	35	36	35	33	169
Lung	39	49	54	52	45	239
Liver (deceased donors)	95	98	100	95	104	492
Kidney (deceased donors)	189	180	181	155	169	874
Others	20	29	28	29	30	136
Total transplanted	373	391	399	366	381	1910
Impact						
Heart	10.0%	0.0%	11.1%	8.6%	15.2%	8.9%
Lung	2.6%	2.0%	5.6%	15.4%	4.4%	6.3%
Liver	13.7%	11.2%	11.0%	18.9%	16.3%	14.2%
Kidney	3.2%	2.8%	3.9%	5.2%	5.3%	4.0%
Others	5.0%	3.4%	0.0%	0.0%	0.0%	1.5%
Overall	6.4%	4.6%	6.3%	10.1%	8.7%	7.2%
Imported						
Heart	3	0	4	3	5	15
Lung	1	1	3	8	2	15
Liver	13	11	11	18	17	70
Kidney	6	5	7	8	9	35
Others	1	1	0	0	0	2
Total import	24	18	25	37	33	137
Total export	9	19	12	7	8	55

Figure 1 Impact of imported organs on the transplant activity in Switzerland 2009-2013.

by NHSBT and ABM (36.6% and 27.9%, respectively). The prevalent origin OPOs of lung offers also were NHSBT and ABM (43.0% and 26.5%). ABM offered more than two thirds of all livers (67.5%) and almost half of the kidneys (46.1%). The majority (55.8%) of organs in the “others” category, which includes pancreas, islets and small bowel, were offered by ET.

Of the 1,028 organs offered, 137 (13.3%) were accepted by the Swiss transplant centres for transplantation.

Table 2 shows the number of organs allocated to patients in Switzerland by year and organ type. In addition, it displays the total number of organs offered, and the acceptance rate (the number of organs allocated expressed as

a percentage of the number of offers) for the comprehensive study period. The acceptance rate of foreign offers was highest for the liver (42.9%), followed by kidney (22.7%), heart (5.0%), lungs (4.9%), and “others” (1.9%). Of the 137 organs offered by foreign OPOs that were allocated in Switzerland, more than half (51.1%) were livers (n=70), 25.5% kidneys (n=35), 10.9% both hearts and lungs (n=15 each), and 1.5% “others” (n=2).

Figure 1 shows the impact of imported organs on the Swiss transplant activity in the years 2009-2013, with the number of imported organs being expressed as a percentage of the number of transplants performed. By organ type, the overall impact was largest for the liver (14.2%), followed

Table 3 Paediatric heart donor and transplant candidate characteristics 2004–2008

Characteristics	Organs offered by foreign OPOs	Patients wait-listed	Patients transplanted	Deceased on waiting list
Number	113	7	3	3
Age (years; mean)	3.2	5.7	8	1.7
Weight (kg; mean)	15.6	20.3	29.3	8
Sex* (male) (%)	59 (56.7)	5 (71.4)	2 (66.7)	2 (66.7)
Blood group† (%)				
A	57 (51.4)	3 (42.9)	2 (66.7)	1 (33.3)
B	19 (17.1)	2 (28.6)	1 (33.3)	1 (33.3)
AB	12 (10.8)	0 (0.0)	0 (0.0)	0 (0.0)
O	23 (20.7)	2 (28.6)	0 (0.0)	1 (33.3)
Diagnosis (%)				
CMD	NA	4 (57.1)	3 (100.0)	0 (0.0)
CO	NA	1 (14.3)	0 (0.0)	1 (33.3)
CMH	NA	1 (14.3)	0 (0.0)	1 (33.3)
Other	NA	1 (14.3)	0 (0.0)	1 (33.3)

*, no data available for 9 organs offered (N=104); †, no data available for 2 organs offered (N=109). OPOs, organ procurement organisations; CMD, dilating cardiomyopathy; CO, congenital heart disease; CMH, congenital myocardial hypertrophy; NA, not applicable.

by heart (8.9%), lungs (6.3%), kidney (4.0%) and “others” (1.5%). While the overall impact (orange curve) varied between 4.6% in 2010 and 10.1% in 2012, the linear trend (black line) shows that the impact of imported organs is clearly growing. The overall impact of imported organs was 7.2% during the comprehensive study period.

Table 3 shows data for the paediatric heart transplant activity in Switzerland between 2004 and 2008. Of the 113 hearts offered by foreign OPOs for allocation to patients on the Swiss waiting list, one heart was transplanted to a child awaiting a cardiac transplant, equalling a 14.3% impact on the Swiss paediatric heart transplant activity. 42.9% of paediatric patients who were wait-listed for heart transplantation deceased on the waiting list.

Between 2009 and 2013, 29 patients aged below 16 years were wait-listed for a cardiac transplantation. Of the 16 patients who received a transplant during that period, 6 (37.5%) were transplanted with hearts offered by foreign OPOs. While the number of paediatric heart transplant candidates was more than four times bigger than during the 2004–2008 period, the rate of wait-listed patients who deceased (n=5) decreased to 17.2%.

Discussion

This study is the first comprehensive evaluation of the

impact of international organ exchange on the Swiss transplant activity. Between 2009 and 2013, 1,028 organs were offered by foreign OPOs, whereof 137 (13.3%) were allocated to patients on the Swiss waiting list. The organs offered by foreign OPOs which were allocated in Switzerland made 7.2% of the transplants performed during the 5 years analysed possible.

Our assessment showed that the impact of imported organs varied greatly during the study period and between the organ types (Figure 1). While only 1.5% of the total number of pancreas, islets and small bowel transplantations were performed with organs originating from foreign OPOs, the impact of imported organs was as high as 14.2% on the Swiss liver transplant programme in the years 2009–2013. The 70 imported livers accounted for 51.1% of all foreign offers allocated to patients in Switzerland. With a 42.9% acceptance rate, the liver was also the organ with by far the highest ratio of accepted offers (Table 2). This significant number of imported livers is owed to a close collaboration between Swisstransplant and the Agence de la Biomédecine which is life-saving for patients on the Swiss liver waiting list. The second largest quantity of imported organs were kidneys (n=35, 25.5% of foreign offers allocated). Kidneys were on second position as well with respect to the acceptance rate (22.7%). Due to the fact that in Switzerland, the kidney is by far the organ most

frequently transplanted, the impact of kidneys offered by foreign OPOs was relatively small (4.0%).

In view of the fact that at present, transplantation is the only treatment with a large survival benefit for patients with terminal heart or lung failure, the impact of foreign offers on the heart and lung transplant programmes (8.9% and 6.3%, respectively) is considerable. Of the 298 hearts and the 309 lungs offered by foreign OPOs, 15 hearts and lungs each were allocated to patients on the Swiss waiting list, equalling an acceptance rate of 5.0% for hearts and 4.9% for lungs. In comparison with a previous evaluation this result shows a clear increase, since the acceptance rates in the years 2004–2008 were 2.8% for heart and 2.5% for lung (4). With regard to the impact on the heart and lung transplant activity, we also observed an increase, as it was 8.9% for heart and 6.3% for lung in the present study, while it was 5.8% for heart and 2.8% for lung between 2004 and 2008 (4). Due to the lack of published studies with recent data about the impact of international organ exchange on the transplant activities of other OPOs, we were unable to compare our Swiss results with current international data.

The data presented in our study shows that the impact of international organ exchange on the transplant activity in a small OPO can be considerable. Mainly because the collaboration between the members of the EOEO is a valuable means to enlarge the donor and recipient pools, which helps to reduce the waiting list mortality and prevents the loss of organs for which there is no matching recipient in the area of an OPO. This is most evident in the case of low volume procedures such as paediatric heart transplantation, where our analysis showed that between 2009 and 2013, the mortality was significantly decreased compared with the years 2004–2008, while the impact of organs offered by foreign OPOs on the Swiss paediatric heart transplant programme more than doubled. Therefore, it may be presumed that strengthening the international collaboration can have several positive effects. Above all this means that for the patients, transplantation becomes a viable therapy due to an increased availability of donor organs. This, in turn, helps to increase the awareness of organ donation among the intensive care staff as well as their commitment to the detection of potential donors suitable for transplant candidates with rare patient characteristics. As a result, this may not only allow to expand the indications for transplantation, but also lead to more donor organs that can be exchanged internationally and allocated to candidates belonging to special patient groups. In this context it is

noteworthy that international organ exchange thus can be considered a formula for success not only for small OPOs with a limited donor pool. As these OPOs supposedly also have fewer potential recipients on their waiting lists, the odds are increased that no suitable transplant candidate can be found. Therefore, smaller OPOs not only benefit from imported organs, but they may also be exporting a substantial number of organs for which there is no compatible recipient.

Although international collaboration has a direct positive impact on the chances of patients to get a timely, often life-saving transplantation, there are some issues—mainly on an organisational level—that ought to be addressed in order to improve the sharing of organs between OPOs. Apart from complications that may result from the different languages spoken in the various OPOs, non-standardised protocols and the unresolved question of reimbursement in many OPOs are both hurdles to overcome. With regard to protocols this means for example that international organ exchange would be greatly facilitated if there was an international agreement on the examinations that are standardly required for each organ. Another protocol-related issue is owed to the fact that in transplantation, time is of the essence because of ischaemia. This means that the longer it takes for an OPO to decide whether an organ is going to be allocated to a candidate on their waiting list, or whether it will be offered to other OPOs, the shorter the remaining timeframe will be for the other OPOs to allocate the organ and coordinate its transport. Possibly, advances in machine perfusion technique will allow extended ischaemic times in the not-so-distant future, thereby also permitting farther transport distances (9–11). Offering an organ to other OPOs for allocation in any case entails a prolonged period of donor management in the procurement hospital, which, in turn, causes higher costs.

In conclusion, our study showed that international organ exchange substantially contributed to the Swiss transplant activity in the years 2009 to 2013. Organs offered by foreign OPOs accounted for 7.2% of the comprehensive number of transplants from deceased donors performed in Switzerland during that period. The collaboration between the EOEO members can be life-saving, especially for paediatric patients and selected adult transplant candidates. Swiss transplant, being an OPO in a relatively small country, therefore appreciates the international cooperation which, as in the case of the Agence de la Biomédecine, has a beneficial effect for the patients that cannot be underestimated. Consequently, it may be assumed that more patients in

Europe could benefit from organ sharing if the standards for international collaboration would be further harmonised.

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