

Narrative Review Checklist

Section/Topic	Item No	Item	Reported on Page Number/Line Number	Reported on Section/Paragraph
TITLE				
Title	1	Identify the report as a Narrative Review of ...	Page 1, line 2	Title
ABSTRACT				
Unstructured summary	2	Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development.	Page 2, Lines 17-37	Abstract, Paragraph 1
INTRODUCTION				
Rationale/background	3	Describe the rationale for the review in the context of what is already known.	Pages 3-4, Lines 40-78	Introduction, Paragraphs 1-4
Objectives	4	Specify the key question(s) identified for the review topic.	Page 4, Lines 79-86	Introduction, Paragraph 5
METHODS				
Research selection	5	Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage).	Pages 4,5 Lines 88-106	Methods, Paragraph 1, 2
DISCUSSION/SUMMARY				
Narrative	6	Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research.	Pages 5-17 Lines 110-436	Results and Discussion
Summary	7	Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research.	Page 17 Lines 438-451	Conclusion, Paragraph 1