Introduction

Postpneumonectomy syndrome is a rare post-operative complication whereby mediastinum shifts to the site of the removed lung and the lung in the contralateral hemithorax becomes over-expanded. Mediastinal shifting toward the pneumonectomy space results in bronchial compression between the pulmonary artery, aorta, and vertebral column. Symptoms similar to postpneumonectomy or autopneumonectomy syndrome seem to be developed by destroyed lungs due to parenchymal disease (1). Such cases have been defined as postpneumonectomy-like syndrome. The incidence is very low and less than five cases have been reported in the world literature (2). Because this disease has similar pathophysiology and clinical progress to postpneumonectomy syndrome, similar treatment is selected. However, there is controversy regarding how to manage the destroyed lung in the treatment of postpneumonectomy-like syndrome. Here, we report a case of postpneumonectomy-like syndrome induced by tuberculosis-destroyed lung and review the surgical considerations.

Case presentation

A 43-year-old woman visited our hospital due to a sudden onset of dyspnea, which had continued for 4 days. She had suffered with pulmonary tuberculosis 21 years previous. Even though she was administered first and second line anti-tuberculosis drugs, no culture was negative after completion of treatment. For the past 2 years, she has been administrated a third line drug regimen; linezolid, pyrazinamide, amikacin, moxifloxacin, and clarithromycin, and the resulting tuberculosis culture was negative. She has had progressively worsening shortness of breath over the past 6 months.

On physical examination, there was no audible breathing in the right side of her chest. She was suffering from wheezing and rales in the left side of her chest. Computed tomography (CT) showed a completely collapsed left lung, extreme deviation of the mediastinal structure, and a narrowed right main bronchus, which was compressed between the right main pulmonary artery and the vertebral body (Figure 1A,B).
An operation was performed via a left postero-lateral thoracotomy. First, we carefully performed an extrapleural dissection to reposition the mediastinum enough to rotate the heart and the mediastinal structure and implant a 300 mL normal saline breast bag. Intraoperative flexible bronchoscopy was performed to assess the patency and stability of the airways. The postoperative period was uneventful, and a post-operative CT scan of the chest showed a markedly increased right main bronchus and a well-positioned prosthesis in the pleural cavity with the mediastinum shifted to the medial side (Figure 2A, B). The patient was discharged 16 days after the operation. At the 2 years follow-up, FEV₁ had improved from 14% to 23% and only slightly limited her ability to work.

**Discussion**

Because reported cases of postpneumonectomy-like syndrome are very rare, reports covering treatment are also rare. However, considering that the pathophysiology is similar to postpneumonectomy syndrome, similar treatment is applied. Most postpneumonectomy syndrome patients have been treated by either the implantation of a prosthesis or the insertion of tracheobronchial stents. Of these methods, the implantation of a prosthesis has proven the most popular. Soll *et al.* (3) reviewed the 73 total cases that have been reported in the English literature; 81% were treated surgically by repositioning of the mediastinum and the implantation of a fixed volume prosthesis. This strategy produced a good outcome. Shen *et al.* (4) reported that 84.6% of cases were not at all, or only slightly, limited in their ability to work as a result of impairments in their physical health during the median follow-up of 32 months. We considered that the implantation of the prosthesis was the ideal treatment for postpneumonectomy-like syndrome.

However, there is one clinical difference between the two diseases with respect to the destroyed lung; i.e., it is important how the lung is managed. It is questionable whether a pneumonectomy is necessary. Lee, who first reported the surgical treatment of postpneumonectomy-like syndrome, recommended that a pneumonectomy must precede the repositioning of the mediastinum (5). However, in his report he did not explain the reason why the pneumonectomy is necessary. The reported incidence of complications and mortality due to a pneumonectomy is high. Also, if the patient has had a pleuropneumonectomy, such as in our case, the possibility of morbidity or mortality is increased. We considered that if the destroyed lung did not cause any clinical problems over a long period, its removal was not mandatory, but was an option.
Additionally, most usable tissue expanders are not approved for permanent use, and it is not appropriate to use several, or large, tissue expanders (6). The breast saline bag has been approved for permanent use, and it has sufficient long-term safety. Therefore, we considered a breast saline bag as a good alternative for use as a volume expander. The breast bag has a disadvantage, as there is no large breast saline bag able to fill a volume greater than 300 mL, and it can only be used for small volumes. If a pneumonectomy is performed, then a greater volume needs to be filled in the thoracic cavity; a volume greater than 500 mL, up to 1,500 mL, will be required to fill the thoracic cavity. Therefore, if a surgeon wants to use a saline bag, it is better not to perform a pneumonectomy of the destroyed lung; its preservation will help to obtain a sufficient mediastinal shifting effect with the insertion of a small volume.

Therefore, due to the above reasons, we decided not to perform a pneumonectomy and to perform an extrapleural dissection and implantation of a silicon bag only. This technique also allowed us to perform simpler and safer surgery, reducing the volume that needs to be filled by the volume expander in the thoracic cavity. The remaining lung did not develop a clinical problem during the 2 years of follow-up. In conclusion, like postpneumonectomy syndrome, insertion of a volume expander for mediastinal shifting is the most effective treatment for postpneumonectomy-like syndrome. However, there is controversy regarding whether or not to perform a pneumonectomy. The clinical situation of each patient must be considered.

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Footnote

Conflicts of Interest: The authors have no conflicts of interest to declare.

References
