A tuberculous abscess of the chest wall in a renal allograft recipient

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ABSTRACT

Tuberculous abscess of the chest wall is a rare localization of tuberculosis. We herein report a case of tuberculosis of the chest wall on a renal allograft recipient and provide discussion on optimal therapeutic management.

KEY WORDS

Tuberculous abscess; chest wall; renal allograft

Introduction

Tuberculosis (TB) is a common cause of death among renal allograft recipients in developing countries (1-5). It is often presented with disseminated disease and extra pulmonary manifestations. Though T-cell immunosuppression advances the onset of TB, some patients showed late TB even under heavy immunosuppression therapy. However, tuberculous abscess of the chest wall without involvement of ribs is rare and usually manifests as part of disseminated disease in immunosuppressed individuals. It is still remained as a diagnostic and therapeutic challenge. In this article we report such a rare case of a renal allograft recipient.

Case

In 2013, a 40 year old male with chronic glomerulonephritis was admitted to our hospital with symptoms of persistent fever, weight loss and swelling over the back on the right side. There was no history of breathlessness, chest pain or hemoptysis. He received a renal allograft in 2000 with using prednisolone, cyclosporine and azathioprine without induction therapy. In 2011 he was diagnosed with acute type hematogenous disseminated pulmonary TB and endobronchial TB. Anti-tuberculous treatment including Isoniazid and Rifampicin had been administered for 15 months.

Examination showed a swelling in right side of the chest on posterior aspect in infrascapular region. The swelling measuring 15 cm × 12 cm in size was non tender, soft in consistency with no local rise of temperature. The swelling was also fluctuant and irreducible, had no cough impulse, and was situated in the subcutaneous plane. Respiratory system examination revealed dullness in left infra-axillary area with reduced intensity of breath sounds. Laboratory investigations revealed anemia (hemoglobin of 10.8 g/dL), a total leukocyte count of 4000/mm$^3$, a normal platelet count and serum albumin of 3.0 g/dL. He had renal allograft dysfunction (serum creatinine of 43.7 mg/dL) with normal electrolyte profile and liver enzymes. Tuberculin skin test was negative.

Computed tomography (CT) of the thorax showed stricture, narrowing and calcification in left lower lobar bronchus and uniform-sized small nodules randomly distributed throughout both lungs (Figure 1). The CT also showed a necrotic lesion located on the posterolateral aspect of the rib cage with a small nodular focus of calcification adjacent to the inner aspect. There is no evidence of bone erosion and no communication between the pleural cavity and the soft tissue swelling (Figure 2).

The patient underwent a complete excision of the abscess and primary closure of the wound (Figure 3). Histopathological examination of the abscess and nodule revealed fragments of extensive caseation necrosis and many acid-fast bacilli (AFB) (Figure 4). Sputum analysis didn't reveal Acid Fast Bacilli in all samples.

Patient was administered with anti-Tuberculous therapy including Isoniazid, Rifampicin, Ethambutol and Pyrazinamide starting two weeks before operation and six months after operation. There was no incidence of postoperative wound infection and recurrence.

Discussion

The incidence rate of post-transplant tuberculosis (PTTB) in renal allograft recipients is between 0.3% to 1.7% in United
States and Europe (1-3), but it is much higher in developing countries (3.1-15.2%) (1,4,5). One study shows in Southern China 51.8% of renal allograft recipients are diagnosed with extra pulmonary tuberculosis with a median interval of 8 months after renal transplantation (6). Among them, disseminated tuberculosis is the most common (19.3%), followed by pyrexia of unknown origin (15.7%), tuberculosis lymphadenopathy (4.8%), involvement of skin and soft tissue (4.2%), intestine (3%), central nervous system (1.8%), bone (1.2%), pericardium (1.2%) and urinary tract (0.6%) (4). T-cell immunosuppression favors dissemination of mycobacteria and varied presentation. However, tuberculous abscess of the chest wall is a rare form of extra pulmonary TB.

Timing of presentation of PTTB varies with types of immunosuppression. Cyclosporine advances the onset of PTTB from a median of 26 months (for patients on prednisolone and azathioprine regimen) to 11.5 months (4). But our patient presented PTTB 13 years after transplantation, even though being on cyclosporine. The presentation of tuberculous abscess of the chest wall is a progressively enlarging mass with or without pain. Sometimes abscess makes a fistulous tract to the pleural cavity and destroy underlying bone or cartilage. There are three mechanisms in the pathogenesis of a tuberculous abscess of the chest wall (7): (I) direct extension from the underlying pleural or pulmonary tuberculosis; (II) direct extension from lymphadenitis of the chest wall; and (III) hematogeneous dissemination from dormant tuberculous lesions. Regarding diagnosis, chest CT scan should be performed for every patient to examine the extent of abscess cavities and status of the ribs, sternum, cartilage and pleural space. CT scan can also provide

Figure 1. The CT showed stricture, narrowing and calcification in left lower lobar bronchus and uniform-sized small nodules randomly distributed throughout both lungs.

Figure 2. The CT showed a necrotic lesion located on the posterolateral aspect of the rib cage with a small nodular focus of calcification adjacent to the inner aspect. There was no communication between the pleural cavity and the soft tissue swelling.

Figure 3. A complete excision of the abscess.

Figure 4. Histopathological examination of the abscess revealed fragments of extensive caseation necrosis and many acid-fast bacilli (AFB).
information on functional state of the lung parenchyma, thoracic cavities and concomitant diseases and excludes other inflammatory or tumor lesions (8). Our patient’s chest CT showed features suggesting subacute type hematogenous disseminated pulmonary TB and endobronchial TB in the left lower lobe and also showed right side of the chest wall and the region inferior to right breast, which indicating cold abscess. There was no communication between the pleural cavity and the soft tissue swelling. But Cho et al. (9) found that multiple superficial locations of the abscess did not exclude the risk of rib involvement. These lesions are generally solitary, but in some patients multiple lesions were found. The diagnosis of tuberculous abscess of the chest wall remains difficult and is often diagnosed by postoperative pathologic examination. Many authors recommend needle aspiration or incisional biopsy to confirm the tuberculous disease or to exclude other inflammatory disease (7,10-12). Cho et al. (9) recommended needle aspiration or biopsy preoperatively if the patient has no past history of TB and no concomitant active pulmonary lesions when CT scan showing poorly demarcated mass lesions. The gold standard remains characteristic histomorphological findings with demonstration of AFB and/or growth of MTB in culture (13).

The tuberculous abscess of the chest wall remains one of the differential diagnoses of a chest wall tumour, such as breast tumour in females (14), and the management strategy is controversial. On optimal therapeutic management, anti-tuberculosis medication may be very important. A few studies have reported successful treatment with anti-tuberculosis chemotherapy alone (10,15,16), but many authors have reported frequent recurrence after medication only (7,12). Hence, medical treatment alone is not sufficient for this disease. Many authors recommended a combination of medical and surgical management to reduce the recurrence, while Faure et al. (7) strongly suggested chemotherapy when tuberculous infection is confirmed or highly suspected but failed to improve with 1 to 3 months medication; if it worsens, surgical intervention is indicated. In our case, the patient was treated with preoperative anti-tuberculosis medication.

The methods of surgical treatment are also controversial. Weissberg (17) suggested treatment of antimicrobials and drainage, while debridement and excision are reserved for the most extensive cases. Paik et al. (18) documented a recurrence rate of 16% after abscess-only excision and 4.7% recurrence after complete resection of chest wall mass including any involved ribs. Kim et al. (19) also concluded that complete resection with or without skeletal resection achieved a low recurrence rate (9.2%). Recurrence was usually due to insufficient resection of involved ribs or infected pleura (20). We think that partial resection of the involved ribs is sufficient. In addition, curettage of infected pleural peel should be performed if necessary. Intraoperative evaluation of the extent of the abscess is important since preoperative imaging does not always show the involvement of the ribs or pleura. Regarding the risk of radical surgery, operative morbidity was reported to be about 5% (19).

Preoperative and postoperative drug therapy is mandatory to achieve acceptable cure rates (8,9). If the diagnosis of this disease is confirmed after radical surgery, a sufficient postoperative antitubercular therapy should be given. The duration of antituberculous therapy has been controversial, but a 6- to 9-month regimen including isoniazid and rifampicin is considered standard (9,19,20). Thus, complete resection with sufficient antitubercular therapy is considered to offer a satisfactory cure rate with low recurrence. Our patient was administered with anti-Tuberculous therapy including Isoniazid, Rifampicin, Ethambutol and Pyrazinamide starting two weeks before operation and six months after operation. There was no incidence of postoperative wound infection and recurrence.

Conclusions

Disseminated TB manifesting with a tuberculous abscess of the chest wall with concomitant pulmonary tuberculosis is distinctly unusual in a renal transplant recipient. The diagnosis and management of PTTB can be complex and challenging. Chest CT scan is usually helpful method for showing the extent of the abscess and also provides information on the functional state of the lung parenchyma and thoracic cavities, and concomitant diseases, and excludes other inflammatory or tumor lesions. The optimal treatment approach consists of preoperative medication and excising the abscess, and complete surgical resection may be needed to keep the recurrence rate low. Adequate postoperative medication may reduce the chance of recurrence.

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References


