

# Correlation study of venous thromboembolism with SAA, IL-1, and TNF-a levels and gene polymorphisms in Chinese population

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**Background:** The relationship between inflammation and venous thromboembolism (VTE) has not been fully elucidated.

**Methods:** Based on our previous studies, we detected the plasma levels of serum amyloid A protein (SAA), interleukin-1 (IL-1), and tumor necrosis factor-a (TNF-a) and their 8 gene polymorphisms by ELISA and a multiplex ligation detection reaction (iMLDR) method in 284 patients with VTE and 268 healthy controls. **Results:** Levels of SAA (P=0.032), IL-1 (P=0.045), and TNF-a (P=0.040) were significantly higher in the VTE group than in the control group. Recessive model analysis of the IL-1 rs1800587 variant showed that the risk of VTE in patients with the GG + GA genotype was significantly higher than that in patients with the AA genotype [odds ratio (OR): 4.444; 95% CI: 1.466–13.470]. Recessive model analysis of the IL-1 rs2234650 polymorphism showed that the risk of VTE in patients with the CC + CT genotype was significantly lower than that in patients with the TT genotype (OR: 0.500; 95% CI: 0.268–0.934). Multivariate logistic regression analysis showed that the TT genotype at IL-1 rs2234650 (OR: 2.086; 95% CI: 1.091–3.985) was an independent risk factor for VTE. The AA genotype of IL-1 rs1800587 (OR: 0.226; 95% CI: 0.074–0.890) was an independent protective factor against VTE.

**Conclusions:** In summary, an intrinsic relationship may exist between inflammatory activation and the occurrence of VTE.

Keywords: Venous thromboembolism (VTE); inflammatory markers; gene polymorphism

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## Introduction

A large number of evidence-based reports have confirmed a close relationship between inflammatory response and venous thromboembolism (VTE) (1-6). There is a mutually reinforcing pathophysiological relationship between VTE and the inflammatory response. Some reports have confirmed that inflammation may cause the release of tissue factor (TF) and stimulate a coagulation disorder, with thrombosis often activating the inflammatory response (3-9).

As a pro-inflammatory factor, serum amyloid A protein

(SAA) activates the coagulation system (10). Deguchi's study (11) showed that the increase in the plasma SAA level was closely related to VTE. However, there have been reports on the relationship between SAA gene polymorphisms and VTE. Interleukin-1 (IL-1) and tumor necrosis factor-a (TNF-a) are common nonspecific inflammatory markers. Many studies suggest that IL-1 and TNF-a levels and gene polymorphisms may be a risk factor for VTE (12-19). One report, in particular, the Canakinumab Antiinflammatory Thrombosis Outcome Study (CANTOS) trial (20), confirmed that an IL-1-specific antibody could

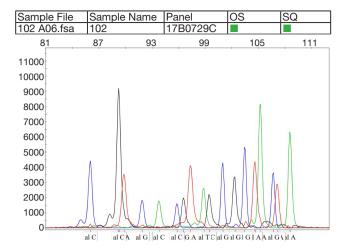


Figure 1 Peak electropherogram of each single-nucleotide polymorphism.

reduce the risk of VTE. However, these studies were conducted in White populations, and there are no reports of studies using Chinese populations. In our previous study, we investigated the relationship between interleukin-6 (IL-6), C-reaction protein (CRP), and methylenetetrahydrofolate reductase (MTHFR) gene polymorphisms with VTE, with the results suggesting that IL-6 gene polymorphisms may be a risk factor for VTE (21-23). On the basis of previous studies, we selected the nonspecific inflammatory markers SAA, IL-1, and TNF-a and their 8 gene polymorphisms to study the relationship between these markers and VTE.

## Methods

#### Study population

In this study, 284 patients diagnosed with VTE (24,25) after hospitalization between January 2016 and January 2019 were selected from the VTE specimen bank of the First Affiliated Hospital of Xinjiang Medical University research library as the case group. There were 134 males and 150 females, with an average age of 54.82±15.47 years. A total of 268 healthy subjects whose general information, such as age and sex, matched with the case group were selected as the control group. There were 122 males and 146 females, with an average age of 54.21±15.40 years.

## **Biochemical** analyses

Fasting venous blood samples were taken in the morning

and centrifuged at a 3000 revolutions per minute for 10 minutes after being placed in a sodium citrate anticoagulant vacutainer tubes. The separated plasma was placed in an Eppendorf tube and stored in a freezer at -80 °C for later analysis. After thawing at conventional temperature, the levels of SAA, IL-1, and TNF-a were detected by standard ELISA method.

## Genotyping of the inflammatory variants

The National Center for Biotechnology Information (NCBI) database and previously published literature on candidate variants involved in inflammation were used to select 8 variants related to SAA, IL-1 and TNF-a. Using Shanghai Tianhao Company's iMLDR Multiple Allelic Typing Kit, 8 genotypes were genotyped in 552 samples according to capillary peak electrophoresis by the iMLDR technique (26) (*Figure 1*).

#### Statistical analysis

The statistical software package SPSS 23.0 (International Business Machines Corporation, 2015) was used for statistical analysis. The measurement data satisfying a normal distribution are expressed as the mean ± standard deviation, and a t-test was used for comparisons between groups. If a normal distribution was not satisfied, measurement data are expressed as the median (P25% and P75%) and a two-sample nonparametric test (Mann-Whitney U test) was used. A chi-square test was used to compare the categorical variables between groups. The genotype and genotype frequencies of the case and control groups were compared with the predicted value of Hardy-Weinberg equilibrium by a chi-square test. The odds ratio (OR) was calculated by cross tabulation and logistic regression as an indicator of relative risk. A two-tailed P value of <0.05 was considered indicative of statistical significance.

## Results

History of hypertension (P=0.001), smoking (P=0.010), and obesity (P=0.002) were then identified as risk factors for VTE. Compared with the control group, the levels of SAA (P=0.032), IL-1 (P=0.045) and TNF-a (P=0.040) in the VTE group were significantly higher than those in the control group. There was no significant difference in SAA, IL-1 or TNF-a levels between men and women (*Tables 1,2*).

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Table 1 Comparison of general clinical information of cases and controls

Clinical information	Cases (n=284)	Controls (n=268)	Р
Age, years	54.82±15.47	54.21±15.40	0.595
Gender, n (%)			
Male	134 (47.183)	122 (45.522)	0.696
Female	150 (52.817)	146 (54.478)	
Hypertension, n (%)			
Yes	136 (47.887)	90 (33.582)	0.001
No	148 (52.113)	178 (66.418)	
Diabetes, n (%)			
Yes	52 (18.310)	33 (12.313)	0.051
No	232 (81.690)	235 (87.687)	
Smoking, n (%)			
Yes	129 (45.423)	93 (34.701)	0.010
No	155 (54.577)	175 (65.299)	
Drinking, n (%)			
Yes	187 (65.845)	170 (63.433)	0.553
No	97 (34.155)	98 (36.567)	
Obesity (BMI ≥30), n (	%)		
Yes	125 (44.014)	84 (31.343)	0.002
No	159 (55.986)	184 (68.657)	

BMI, body mass index.

Among the 8 variants selected in our study, only CC genotype were present in the TNF-a rs55933305 variant and only TT genotype were present in the SAA rs2229338 variant. The genotype distribution of each genotype except for SAA rs713332 was consistent with Hardy-Weinberg equilibrium. Because it did not conform to Hardy-Weinberg equilibrium, follow-up statistical analysis of the SAA rs713332 variant was did not carry out. Because it did not conform to the Hardy-Weinberg equilibrium, a followup statistical analysis of the SAA rs713332 variant was not carried out. The frequencies of the IL-1 rs11800587 GG and GA genotypes were significantly higher in the VTE group than those in the control group (0.662 and 0.324 vs. 0.627 and 0.313, respectively; P=0.016). The recessive model analysis showed that the risk of VTE in individuals carrying the GG and GA genotypes was significantly higher than that in individuals carrying the AA genotype (OR: 4.444; 95% CI: 1.466-13.470). Recessive model analysis of

Men Women	Cases (n=284) Controls (n=268) P Cases (n=134) Controls (n=122) P Cases (n=150) Controls (n=146) P	15.06 (5.62, 20.62) 13.88 (8.91, 20.77) 0.032 15.19 (5.80, 20.74) 11.31 (8.43, 20.84) 0.177 14.88 (5.27, 20.59) 14.46 (9.12, 20.70) 0.083	3 (35.64, 94.10) 0.045 68.00 (23.20, 93.25) 69.13 (33.70, 95.00) 0.162 68.00 (21.08, 81.00) 62.00 (36.48, 90.25) 0.149	5 (18.59, 42.76) 0.040 37.70 (16.56, 42.76) 27.80 (18.59, 42.86) 0.423 27.22 (10.73, 42.63) 27.95 (18.44, 42.69) 0.057	in-1; TNF-a, tumor necrosis factor-a.
Total	Controls (n=268) P Cases (n=13	13.88 (8.91, 20.77) 0.032 15.19 (5.80, 20	62.03 (35.64, 94.10) 0.045 68.00 (23.20, 9	27.95 (18.59, 42.76) 0.040 37.70 (16.56, 4	SAA, serum amyloid A protein; IL-1, interleukin-1; TNF-a, tumor necrosis factor-a.
	Cases (n=284)	15.06 (5.62, 20.62)	68.22 (22.48, 87.75) 62.03	TNF-a (pg/mL) 32.53 (15.04, 42.69) 27.95	yloid A protein; IL-1, inte
Biochemical	parameters	SAA (µg/mL)	IL-1 (pg/mL)	TNF-a (pg/mL)	SAA, serum am

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Table 3 Comparison of single nucleotide polymorphisms in inflammatory genes between case and control group

Variants	SNP	Total					
variants	SINF	Controls, n (%)	Cases, n (%)	Р	OR (95% CI)		
IL-1 rs1800587							
Genotype	GG	168 (62.7)	188 (66.2)	0.016	Reference		
	GA	84 (31.3)	92 (32.4)		0.979 (0.682–1.405)		
	AA	16 (6.0)	4 (1.4)		0.223 (0.073–0.681)		
Recessive model	GG + GA	252 (94.0)	280 (98.6)	0.004	4.444 (1.466–13.470)		
Allele	G	420 (78.4)	468 (82.4)				
	А	116 (21.6)	100 (17.6)	0.091	0.774 (0.574–1.042)		
IL-1 rs2234650							
Genotype	CC	140 (52.2)	136 (47.9)	0.082	Reference		
	СТ	112 (41.8)	116 (40.8)		1.066 (0.751–1.514)		
	тт	16 (6.0)	32 (11.3)		2.059 (1.080–3.932)		
Recessive model	CC + CT	252 (94.0)	252 (88.7)	0.027	0.500 (0.268–0.934)		
Allele	С	392 (73.1)	388 (68.3)				
	Т	144 (26.9)	180(31.7)		1.263 (0.974–1.638)		
SAA rs11603089							
Genotype	AA	168 (62.7)	180 (63.4)	0.918	Reference		
	GA	91 (34.0)	93 (32.7)		0.954 (0.667–1.364)		
	GG	9 (3.4)	11 (3.9)		1.141 (0.461–2.822)		
Recessive model	AA + GA	259 (96.6)	273 (96.1)	0.746	0.862 (0.352–2.115)		
Allele	А	427 (80.3)	453 (79.8)				
	G	109 (19.7)	115 (20.2)	0.971	0.994 (0.742–1.334)		
IL-1 rs1143634							
Genotype	GG	208 (77.6)	228 (80.3)	0.740	Reference		
	GA	56 (20.9)	52 (18.3)		0.847 (0.556–1.291)		
	AA	4 (1.5)	4 (1.4)		0.912 (0.225–3.694)		
Recessive model	GG + GA	264 (98.5)	280 (98.6)	0.934	1.061 (0.263–4.284)		
Allele	G	472 (88.1)	508 (89.4)				
	А	64 (11.9)	60 (10.6)	0.469	0.871 (0.599–1.266)		
TNF-a rs1800629							
Genotype	GG	212 (79.1)	224 (78.9)	0.993	Reference		
	GA	52 (19.4)	56 (19.7)		1.019 (0.669–1.554)		
	AA	4 (1.5)	4 (1.4)		0.946 (0.234–3.832)		
Recessive model	GG + GA	264 (98.5)	280 (98.6)	0.934	1.061 (0.263–4.284)		
Allele	G	476 (88.8)	504 (88.7)				
	А	60(11.2)	61(11.3)	0.969	1.007 (0.693–1.464)		

Table 3 (continued)

Madaula	0115	Total					
Variants	SNP	Controls, n (%)	Cases, n (%)	Р	OR (95% CI)		
SAA rs713332							
Genotype	AA	256 (95.5)	272 (95.8)	0.990	Reference		
	GA	10 (3.8)	10 (3.5)		0.941 (0.385–2.299)		
	GG	2 (0.7)	2 (0.7)		0.941 (0.132–6.731)		
Recessive model	AA + GA	266 (99.3)	282 (99.3)	0.954	1.060 (0.148–7.580)		
Allele	А	522 (97.4)	554 (97.5)				
	G	14 (2.6)	14 (2.5)	0.876	0.942 (0.445–1.995)		

Table 3 (continued)

SNP, single nucleotide polymorphism; SAA, serum amyloid A protein; IL-1, interleukin-1; TNF-a, tumor necrosis factor-a.

Table 4 Differences in inflan	nmatory marker lev	els between each SNP

Gene	SNP	SAA1	Р	IL-1a	Р	TNF-a	Р
IL-1 rs1800587	GG	15.06 (7.39, 20.72)	0.275	62.00 (29.56, 90.00)	0.077	31.05 (17.21, 42.68)	0.061
	GA	10.79 (6.13, 20.55)		67.10 (24.52, 88.00)		27.80 (15.82, 42.78)	
	AA	13.60 (8.22, 18.77)		71.33 (21.57, 121.08)		44.61 (30.86, 69.03)	
IL-1 rs1143634	GG	15.06 (6.85, 20.72)	0.858	63.38 (27.40, 91.00)	0.069	29.52 (17.00, 42.75)	0.981
	GA	13.94 (7.46, 20.64)		68.00 (29.82, 79.75)		30.86 (21.04, 42.45)	
	AA	15.16 (10.27, 20.67)		94.50 (72.00, 98.00)		39.57 (9.20, 69.03)	
IL-1 rs2234650	CC	10.27 (6.85, 20.73)	0.127	62.00 (27.40, 90.00)	0.068	27.98 (17.21, 42.78)	0.414
	СТ	15.92 (6.63, 20.62)		68.00 (26.52, 88.00)		31.74 (17.00, 42.71)	
	TT	20.24 (11.31, 20.66)		73.50 (57.64, 96.50)		29.97 (11.47, 42.41)	
TNF-a rs1800629	GG	14.37 (6.88, 20.68)	0.607	68.00 (27.52, 90.00)	0.868	27.98 (17.00, 42.70)	0.826
	GA	15.49 (6.97, 20.68)		62.00 (27.89, 90.00)		33.86 (17.87, 42.75)	
	AA	20.61 (5.37, 73.05)		72.50 (21.48, 150.25)		38.92 (12.11, 157.72)	
SAA rs11603089	AA	13.94 (6.85, 20.69)	0.858	63.33 (27.40, 88.00)	0.580	29.42 (17.00, 42.68)	0.860
	AG	14.70 (7.46, 20.75)		68.99 (29.82, 94.00)		30.96 (17.38, 42.80)	
	GG	17.39 (5.80, 20.48)		68.99 (23.19, 86.25)		30.91 (15.06, 42.95)	

SNP, single nucleotide polymorphism; SAA, serum amyloid A protein; IL-1, interleukin-1; TNF-a, tumor necrosis factor-a.

the IL-1 rs2234650 variant showed that the risk of VTE in individuals carrying the CC and CT genotypes was significantly lower than that in individuals carrying the TT genotypes (OR: 0.500; 95% CI: 0.268–0.934) (*Table 3*).

Comparison of the SAA, IL-1, and TNF-a levels for each single-nucleotide polymorphism (SNP) revealed no significant difference in these protein levels among the SNPs (*Table 4*). Multivariate logistic regression analysis of VTE risk factors after adjusting for risk factors such as hypertension, smoking, body mass index (BMI), and obesity suggested that the TT genotype at the IL-1 rs2234650 variant (OR: 2.086; 95% CI: 1.091–3.985) was an independent risk factor for VTE. The AA genotype at the IL-1 rs1800587 variant (OR: 0.226; 95% CI: 0.074–0.890) was identified as an independent protective factor against VTE (*Table 5*).

Factor	Туре	β	SE	Wald	Р	OR	95% CI
IL-1 rs1143634	GG						Reference
	GA	-0.169	0.216	0.614	0.433	0.844	0.553-1.289
	AA	-0.1	0.719	0.019	0.890	0.905	0.221-3.705
IL-1 rs1800587	GG						Reference
	GA	-0.025	0.186	0.018	0.894	0.976	0.678-1.404
	AA	-1.488	0.57	6.822	0.009	0.226	0.074–0.890
IL-1 rs2234650	CC						Reference
	СТ	0.069	0.18	0.145	0.703	1.071	0.753–1.524
	ΤΤ	0.735	0.33	4.950	0.026	2.086	1.091–3.985
SSA rs11603089	AA						Reference
	AG	-0.073	0.187	0.151	0.697	0.930	0.644-1.342
	GG	0.132	0.463	0.081	0.776	1.141	0.460-2.828
TNF-a rs1800629	GG						Reference
	GA	0.006	0.217	0.001	0.978	1.006	0.658–1.539
	AA	-0.042	0.715	0.004	0.953	0.958	0.236–3.895

Table 5 Multivariate factor logistic regression analysis of VTE risk factors

VTE, venous thromboembolism; SAA, serum amyloid A protein; IL-1, interleukin-1; TNF-a, tumor necrosis factor-a; OR, odds ratio.

## Discussion

The relationship between inflammation and VTE has been explored for more than ten years, but no consistent results have been found. SAA is a biomarker that promotes inflammation and coagulation activity. After the activation of inflammation, SAA promotes the secretion of inflammatory cytokines while stimulating the release of TF, and leads to the thrombosis (10). Our study suggests that the level of SAA in the VTE group was significantly higher than that in the control group (P=0.032), which is consistent with the findings of a study exploring plasma SAA levels in patients with VTE in the United States (11).

IL-1 stimulates the release of TF and promotes the adhesion of leukocytes by inducing endothelial cells to release platelet-derived growth factor (PDGF) and endothelial adhesion factor-1 (ELAM-1), thus increasing blood viscosity and slowing down blood flow (27,28). The CANTOS trial (20) has confirmed that an IL-1 specific antibody can reduce the risk of VTE. Our results suggest that the level of IL-1 in patients with VTE is increased, which is consistent with the results of the Leiden Thrombophilia Study (29). TNF-a activates systemic inflammatory response syndrome by inducing the cytokine network system, leading to endothelial cell necrosis. Our results suggest that the level of TNF-a in the VTE group is increased, which is consistent with the results of the studies of Reitsma (30) and Fox (31).

The genetic risk of VTE is approximately 60%, but most of the specific genetic elements have not yet been revealed (32). Significant differences in the incidence of VTE and gene polymorphisms were found among different regions and races, and the relationship between inflammatory markers and their gene polymorphisms with VTE in the Chinese population is still unclear. Furthermore, there are no reports concerning VTE and SAA gene polymorphisms. Beckers (12) and Zee (13) confirmed the close relationship between IL-1 rs180058 and rs1143634 gene polymorphisms and VTE in Dutch and White females from the United States, respectively. Roselli (16) and Horakova (19) studied Caucasian and Czech populations, respectively, and suggested that TNF-a-308 G gene polymorphism may be associated with the occurrence of VTE. However, the above studies were carried out in a White population from Europe and the United States and did not detect the levels of inflammatory markers. To address this issue, we studied the relationship between 3 inflammatory markers and their 8 gene polymorphisms

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in VTE patients in a Chinese population. The results suggested that the IL-1 rs11800587 GG and GA (OR: 4.444; 95% CI: 1.466–13.470) genotypes are common in patients with VTE, while the IL-1 rs2234650 CC and CT (OR: 0.500; 95% CI: 0.268–0.934) genotypes were common in the control group. Multivariate logistic regression analysis showed that the TT genotype at IL-1 rs2234650 variant (OR: 2.086; 95% CI: 1.091–3.985) was an independent risk factor for VTE. The AA genotype of the IL-1 rs1800587 variant (OR: 0.226; 95% CI: 0.074–0.890) was identified as an independent protective factor for VTE. The association between VTE and 8 inflammatory gene polymorphisms was revealed in a Chinese population.

Depending on the study population, disease spectrum, and specimen sources, studies on whether the level of inflammatory factors is regulated by their gene polymorphisms have reached different conclusions (33). There was no significant difference in the SAA, IL-1, or TNF-a levels among each SNP in our study, consistent with the research conducted by Brown (33). However, this conclusion is affected by a variety of confounding factors, and gene polymorphism may affect the levels of markers and disease development in a variety of ways; therefore, a large number of clinical studies are needed to truly reveal the correlation between the levels of inflammatory markers and their gene polymorphisms in different populations.

In conclusion, the levels of SAA, IL-1, and TNF-a in patients with VTE were increased, and the activation of inflammation may be related to the occurrence and development of VTE. For the first time, our study revealed a relationship between the levels of multiple inflammatory factors and their gene polymorphisms with VTE in a Chinese population. These findings lay a theoretical foundation for the selection of an appropriate anticoagulant regimen and individualized treatment for Chinese VTE patients based on their inflammatory marker levels and gene polymorphisms. The limitation of our research is that the sample size is small, The limitation of our research is that the sample size is small, and the number of detected markers is less. Large samples and multigene studies need to be carried out to further confirm the relationship between IL-1 and other gene polymorphisms with VTE.

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#### Footnote

*Conflicts of Interest:* The authors have no conflicts of interest to declare.

*Ethical Statement:* The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The Ethics Committee of the First Affiliated Hospital of Xinjiang Medical University reviewed and approved the ethics of this study (No. 20150716-06). Each patient was provided with a description of the study and signed a written informed consent form.

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