



The relationship between pre-procedural elevated arterial lactate and contrast-induced nephropathy following primary percutaneous coronary intervention

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Background: Risk stratification has been one of the main steps in preventing contrast-induced nephropathy (CIN), which is a common complication after percutaneous coronary intervention (PCI). Elevated arterial lactate is a biomarker indicating severe disease condition and post-intervention complications. The relationship between lactate and CIN has not been established. This study is performed to investigate the relationship between elevated arterial lactate level and contrast-induced nephropathy (CIN).

Methods: Patients diagnosed with ST-segment elevated myocardial infarction (STEMI) were prospectively enrolled, with lactate measured within 0.5–1 hours before primary percutaneous coronary intervention (PCI). Patients with cardiopulmonary resuscitation, any forms of severe anaerobic condition, or end-stage renal disease undergoing dialysis were excluded. CIN was defined as an increase in serum creatinine ≥ 0.5 mg/dL or 25% within 72 hours after PCI. The Mehran Risk Score (MRS) is widely regarded as a classic risk model for CIN and the risk factors of MRS were applied in our multivariate regression analysis.

Results: Of the 227 enrolled patients, 47 (20.7%) developed CIN according to the definition. The mean lactate level was higher in the CIN group than in the non-CIN group (2.68 ± 2.27 vs. 1.74 ± 1.94 , $P < 0.001$). The arterial lactate level ≥ 2.0 mmol/L had 57.5% sensitivity and 75.6% specificity in predicting CIN. The performance of the lactate level in discriminating CIN was similar to that of the MRS ($AUC_{lac} = 0.707$ vs. $AUC_{MRS} = 0.697$, $P = 0.86$). After adjusting for other risk factors, lactate ≥ 2.0 mmol/L still significantly predicted CIN (odds ratio = 3.77, 95% CI, 1.77–7.99, $P = 0.001$).

Conclusions: An arterial lactate level of ≥ 2.0 mmol/L is associated with CIN in STEMI patients after primary PCI.

Keywords: ST-segment elevated myocardial infarction (STEMI); contrast-induced nephropathy (CIN); lactate; Mehran Risk Score (MRS); percutaneous coronary intervention (PCI)

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Introduction

Contrast-induced nephropathy (CIN) is the third leading cause of hospital-acquired renal failure, and increases mortality as well as the cost of health care (1,2). Patients undergoing emergent percutaneous coronary intervention (PCI) had a higher risk of CIN than those undergoing elective PCI (3-5). Early identification of CIN allows for timely therapeutic interventions, such as aggressive hydration or statins, in these high risk patients undergoing emergent PCI (6-8).

Risk stratification has been one of the main steps in preventing CIN (9). Mehran *et al.* identified 8 variables to form the Mehran Risk Score (MRS) for predicting CIN in elective PCI (10), and it performed well in emergent PCI (11). However, the MRS includes 8 variables and the scoring system is complicated for clinical application. A systemic review showed that existing prediction models had various internally (C statistic 0.61–0.95) and externally (C statistic 0.57–0.86) discrimination value for CIN (12). On the other hand, timely coronary reperfusion is a primary consideration for STEMI patients while risk models are not widely used in this setting. A few studies have confirmed that neutrophil gelatinase-associated lipocalin and Cystatin C were promising biomarkers for predicting CIN (13,14). But these new biomarkers above were not available in our center. Thus, there is a need for simple and efficient biomarker that identify patients at risk of CIN.

Lactic acid is produced through anaerobic glycolysis under hypoxic conditions, and the lactate level is widely acknowledged as an indicator of tissue perfusion status (15). Seeliger *et al.* reported that renal blood flow decrease and renal hypoxia had an important role in CIN pathophysiology (16). Contrast media (CM) had a direct toxicity causing vasoconstriction of the renal artery and produces ischemic injury of the kidney (6). A previous study including cardiac arrest (CA) patients revealed that high blood lactate was associated with acute kidney injury (AKI). But the blood lactate was tested after CA occurrence, so it was unclear whether AKI was caused by higher blood lactate or they were just relevant to the status of CA. Thus, blood lactate tested before procedure and cardiac event could preferably represent the baseline status (17). Therefore, this study was conducted to investigate the association of the pre-procedural arterial lactate level and rate of CIN in this high risk patients diagnosed STEMI.

We present the following article in accordance with the STARD reporting checklist (available at <https://dx.doi.org/10.21037/jtd-21-1153>).

Methods

Study design and population

This prospective observational study was conducted at Guangdong Cardiovascular Institute, Guangdong Provincial People's Hospital from March 2014 to August 2015. ST-segment elevated myocardial infarction (STEMI) was diagnosed according to 2013 American Heart Association (AHA)/American College of Cardiology (ACC) STEMI guideline (18). A patient exhibited with chest pain for >30 minute with ST-segment elevated >2 mm in at least 2 contiguous pericardial electrocardiography (ECG) leads or a new left bundle branch block and arrived in our hospital within 12 or 24 hours with persistent chest pain were screening for enrollment. Exclusion criteria were as follows: (I) severe anaerobic condition including cardiopulmonary resuscitation, and any other forms of shock but not cardiopulmonary shock and thrombus (19-21); (II) lack of pre-procedural arterial lactate results before primary PCI; (III) end-stage renal disease and undergoing dialysis. All procedures performed in this study involving human participants were in accordance with the Declaration of Helsinki (as revised in 2013). The study was approved by the Guangdong Provincial People's Hospital ethical committee, and all patients provided informed consent.

PCI procedure and follow-up

All patients who met the enrollment criteria were transferred to the catheterization laboratory from the emergency department. Primary PCI was performed by expert interventional cardiologists using standard guide catheters, guidewires, balloon catheters, aspiration catheters, and stents via the radial or femoral approach. Arterial blood samples were regularly taken from the femoral or radial artery using an injection syringe full of heparin at hospital presentation or from arterial catheters before primary PCI. The sample was measured as soon as it was taken. All patients were orally administered with 300 mg of aspirin and 300 mg of clopidogrel as early as possible before primary PCI. The type (iodixanol, iopromide, or iopamidol) and volume of CM were recorded at the end of the procedure. The peri-procedural medications were left to the discretion of the operator.

All patients were referred to the clinic office or received a phone call if they were not available to complete a 30-day follow up. The composite major adverse cardiac events (MACEs) included cardiovascular death, nonfatal

recurrent myocardial infarction (MI), stroke, acute kidney injury (AKI) requiring dialysis, and acute heart failure.

Laboratory determinations, definitions and endpoints

Arterial blood gas was measured on the GEM Premier 3000 (Hartwell Avenue Lexington, MA, USA) with a minimum detection of 0.1 mmol/L. The lactate level was recorded by physician assistants who were blinded to the study. The other laboratory tests were performed according to the institute protocol.

The primary endpoint was CIN defined as an increase in serum creatinine concentration of ≥ 0.5 mg/dL or $\geq 25\%$ from baseline within 72 hours after intravascular CM administration.

The estimated glomerular filtration rate (eGFR) was calculated with the Levy-modified Modification of Diet in Renal Disease study equation: $186.3 \times sCr^{-1.154} \times (\text{age in years})^{-0.208} \times 1.212$ (if the patient was black) $\times 0.742$ (if the patient was female) (22).

Anemia was defined as baseline hemoglobin < 130 g/L for men or 120 g/L for women (23).

Diabetes mellitus (DM) was defined according to the ADA guidelines for diabetes or recorded from the medical history of the patient (24).

Hypotension was defined as systolic blood pressure lower than 80 mmHg for at least 1 hour or the need for inotropic medication.

MRS was regarded as the most classical risk model and was confirmed to predict CIN after primary PCI in previous studies. The risk factors of MRS would also be evaluated in our study. The MRS risk model had 8 variables including hypotension, intra-aortic balloon pump (IABP), congestive heart failure, eGFR < 60 mL/min/1.73 m², DM, age > 75 years, anemia, and contrast volume. The MRS was calculated by adding the score of risk factors above in each patient.

Statistical analysis

All of the analyses were performed with Stata 15.0 and R (version 3.6.3). Baseline characteristics were compared between CIN and non-CIN groups. Continuous data were presented as mean \pm standard deviation when normally distributed. Categorical variables were presented as an absolute value and percentage. The Student's *t*-test and Mann-Whitney U test were used for comparing normally distributed continuous variables and non-normally distributed continuous variables, respectively. Categorical variables were

compared using the Pearson χ^2 test or Fisher's exact test. Receiver operating characteristic (ROC) curve analysis was conducted to evaluate the performance of lactate levels and MRS. The Youden index was applied to find the best cut-off value. The areas under the curve (AUC) of the 2 correlated ROC curves were compared using a nonparametric approach (25). The multivariate logistic regression analysis was performed with a stepwise method to determine the risk factors for CIN which was a binary event variable. The Kaplan-Meier curve method was used to compare the 30-day MACE between 2 groups divided by cut-off value of lactate. The comparison was performed using the log-rank test. A two-sided $P < 0.05$ was considered significant.

Results

A total of 318 patients met the inclusion criteria, and 91 of them were excluded according to the exclusion criteria or loss to follow up. Finally, a total of 227 patients were enrolled in the present study. The population included 182 males (80.2%) with a mean age of 62.6 years.

Serum creatinine measurements were available for 90.1% of patients on day 1 post-PCI, 92.9% on day 2, and 79.3% on day 3. A total of 47 (20.7%) patients developed CIN according to the definition of CIN.

Baseline characteristics

The baseline characteristics are listed in *Table 1*. Patients with CIN were more likely to be older and had a higher MRS, lactate level (2.68 ± 2.27 vs. 1.74 ± 1.94 , $P < 0.001$), and hydration volume. Previous MI, hypotension, and use of intravenous diuretics were more frequent in the CIN group. The levels of hematocrit, eGFR, and left ventricular ejection fraction (LVEF) were significantly lower in the CIN group. The length of stents and contrast volume were similar between the 2 groups. The proportions of males, DM, current smoker, hyperlipidemia, anemia, types of CM, thrombus aspiration, multivessel disease, and most periprocedural medications except intravenous diuretics were not significantly different between the 2 groups.

Lactate level and MRS in predicting CIN

In the ROC analysis, the best arterial lactate cut-off point was 2.0 mmol/L. Lactate ≥ 2.0 mmol/L predicted CIN with a sensitivity of 57.5% and a specificity of 75.6% ($AUC_{lac} = 0.707$). The best cut-off point of MRS was 9 with

Table 1 Baseline characteristics between the CIN and no CIN groups

Characteristic	CIN (n=47)	No CIN (n=180)	P value
Age	65±15	61±12	0.048
Gender (male)	37 (78.72%)	145 (80.56%)	0.838
Current smokers	19 (41.30%)	98 (54.44%)	0.111
Hypertension	28 (59.57%)	83 (46.11%)	0.100
DM	14 (29.79%)	55 (30.56%)	0.919
Hyperlipidemia	13 (27.66%)	52 (28.89%)	0.868
Previous MI	6 (12.77%)	8 (4.44%)	0.046
SBP at admission	122±31	130±25	0.091
DBP at admission	76±18	78±17	0.693
HR at admission	83±21	81±21	0.635
Hypotension	22 (46.81%)	41 (22.78%)	0.001
Hematocrit at admission	0.40±0.05	0.42±0.05	0.021
Anemia	14 (29.79%)	31 (17.22%)	0.065
sCr at admission (mg/dL)	98.87±39.56	91.91±35.85	0.614
Baseline eGFR (mL/min/1.73 m ²)	76.91±27.38	82.23±25.73	0.214
LVEF (%)	47.59±12.04	51.76±10.62	0.052
MRS	11.00±6.79	6.55±4.89	<0.001
Serum albumin (mmol/L)	33.54±3.81	34.53±3.79	0.167
Peak CK-MB (U/L)	258.90±206.74	234.81±235.71	0.315
Lactate level	2.68±2.27	1.74±1.94	<0.001
Contrast type			0.710
Iodixanol	6 (12.77%)	33 (18.33%)	
Iopromide	19 (40.43%)	66 (36.67%)	
Iopamidol	22 (46.81%)	81 (45.00%)	
Contrast volume (mL)	104±31	102±33	0.288
IABP	13 (27.66%)	13 (7.22%)	<0.001
Culprit artery			0.344
LM	4 (8.70%)	5 (2.81%)	
LAD	24 (52.17%)	96 (53.93%)	
LCX	5 (10.87%)	22 (12.36%)	
RCA	13 (28.26%)	55 (30.90%)	
Length of stents	39±24	35±21	0.280
Thrombus aspiration	24 (51.06%)	87 (48.60%)	0.764
Multivessel disease	37 (78.72%)	122 (67.78%)	0.145

Table 1 (continued)

Table 1 (continued)

Characteristic	CIN (n=47)	No CIN (n=180)	P value
Post-procedural medication			
DAPT	44 (93.62%)	178 (99.44%)	0.029
ACEI/ARB	36 (76.60%)	144 (80.45%)	0.547
Statins	46 (97.87%)	179 (100.00%)	0.208
β -blocker	38 (80.85%)	157 (87.71%)	0.237
Diuretics	36 (76.60%)	104 (58.10%)	0.020
Hydration volume (mL)	1,457 \pm 650	1,278 \pm 574	0.044

CIN, contrast-induced nephropathy; CI-AKI, contrast-induced acute kidney injury; DM, diabetes mellitus; MI, myocardial infarction; DBP, diastolic blood pressure; SBP, systolic blood pressure; HR, heart rate; sCr, serum creatinine; eGFR, estimated glomerular filtration rate; LVEF, left ventricular ejection fraction; MRS, Mehran Risk Score; CK-MB, creatinine kinase MB; BNP, N-terminal pro-brain natriuretic peptide; IABP intra-aortic balloon pump; LM, left main artery; LAD, left anterior descending artery; LCX, left circumflex artery; RCA, right coronary artery; DAPT, dual antiplatelet therapy; ACEI, angiotensin converting enzyme inhibitors; ARB, angiotensin II receptor blocker.

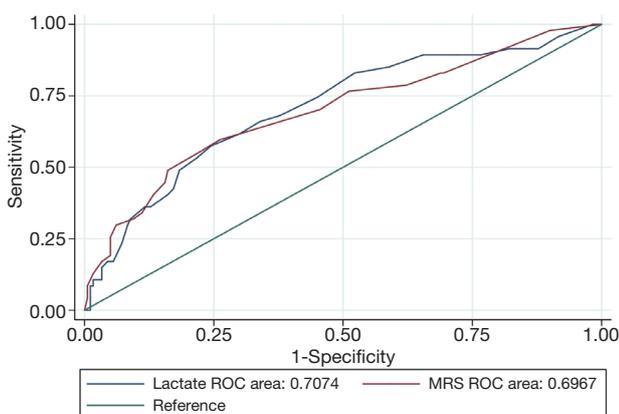


Figure 1 Receiver operating characteristic curve analysis of the arterial lactate level and MRS in the prediction of CIN. MRS, Mehran Risk Score; CIN, contrast-induced nephropathy; ROC, receiver operator characteristic.

a sensitivity of 59.6% and a specificity of 73.9% ($AUC_{lac} = 0.697$). The performance of lactate was similar to that of MRS ($AUC_{lac} = 0.707$ vs. $AUC_{MRS} = 0.697$, $P = 0.86$) (Figure 1). Nonlinear correlation analysis revealed that there was a positive smooth trend of correlation between lactate and MRS, but it was not significant (Figure 2).

Association of different levels of lactate and MRS with the rate of CIN

The population was divided into 4 groups according to

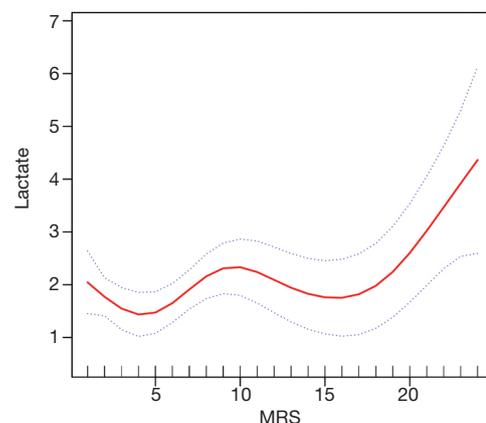


Figure 2 The nonlinear correlation analysis of lactate and MRS. MRS, Mehran Risk Score.

lactate quartiles (Q1: lac <1.1; Q2: $1.1 \leq lac \leq 1.4$; Q3: $1.5 \leq lac \leq 2.1$; Q4: lac >2.1) and MRS scores (G1: MRS ≤ 5 ; G2: $6 \leq MRS \leq 10$; G3: $11 \leq MRS \leq 15$; G4: MRS >15). Despite the definitions of CIN, different levels of lactate and MRS were associated with the development of CIN (Tables 2 and 3).

Univariate and multivariate logistic regression analyses for CIN

The study population was divided into 2 different lactate groups according to the ROC cut-off point. In the univariate logistic regression analysis, patients with an arterial lactate level of ≥ 2.0 mmol/L were more likely to

Table 2 Association between lactate quartiles and the rate of CIN by different definitions

CIN definitions	Outcome				P value
	Lac Q1 (n=55)	Lac Q2 (n=56)	Lac Q3 (n=60)	Lac Q4 (n=56)	
sCr increase ≥ 0.5 mg/dL or $\geq 25\%$ within 72 h, n (%)	5 (9.1)	7 (12.5)	12 (20.0)	23 (41.1)	<0.001
sCr increase ≥ 0.5 mg/dL within 72 h, n (%)	0 (0)	2 (3.6)	1 (1.7)	8 (14.3)	0.002
sCr increase ≥ 0.3 mg/dL or 50% within 72 h, n (%)	3 (5.5)	3 (5.5)	6 (10.0)	12 (21.4)	0.018
sCr increase ≥ 0.3 mg/dL or 50% within 48 h, n (%)	1 (1.8)	2 (3.6)	2 (3.3)	13 (23.2)	<0.001

CIN, contrast-induced nephropathy; sCr, serum creatinine.

Table 3 Association between 4 groups of MRS and the rate of CIN by different definitions

CIN definitions	Outcome				P value
	MRS G1 (n=99)	MRS G2 (n=76)	MRS G3 (n=27)	MRS G4 (n=25)	
sCr increase ≥ 0.5 mg/dL or $\geq 25\%$ within 72 h, n (%)	11 (11.1)	13 (17.1)	9 (33.3)	14 (56.0)	<0.001
sCr increase ≥ 0.5 mg/dL within 72 h, n (%)	1 (1.0)	2 (2.6)	3 (11.1)	5 (20.0)	<0.001
sCr increase ≥ 0.3 mg/dL or 50% within 72 h, n (%)	3 (3.1)	6 (7.9)	6 (22.2)	9 (36.0)	<0.001
sCr increase ≥ 0.3 mg/dL or 50% within 48 h, n (%)	1 (1.0)	6 (7.9)	4 (14.8)	7 (28.0)	<0.001

MRS, Mehran Risk Score; CIN, contrast-induced nephropathy; sCr, serum creatinine.

develop CIN compared to those with a level of <2.0 mmol/L (odds ratio =4.17, 95% CI, 2.13–8.16, $P<0.001$). After adjusting for age >75 years, chronic heart failure (CHF), DM, anemia, eGFR <60 mL/min/1.73 m², CM volume >100 mL, hypotension, and IABP use, the arterial lactate level was still associated with CIN (odds ratio =3.77, 95% CI, 1.77–7.99, $P=0.001$) in the multivariate logistic regression analysis (Figure 3).

Lactate level and outcome

The 30-day MACEs occurred in 27 (11.9%) of 227 patients. The Kaplan-Meier curve revealed that an arterial lactate level of ≥ 2.0 mmol/L was associated with 30-day MACEs at follow up (18.3% vs. 9.0%, $P=0.037$) (Figure 4).

Discussion

To the best of our knowledge, the present study is the first study to investigate the relationship between the pre-procedural lactate level and CIN after primary PCI. It was demonstrated that an arterial lactate level of ≥ 2.0 mmol/L was a strong predictor of CIN in these patients. The measurement of the lactate level after primary PCI helped identify patients at high risk of developing CIN. The

results showed that the performance of the lactate level was similar to that of the MRS in discriminating CIN in this population. Furthermore, the study demonstrated the prognostic value of the arterial lactate level for short-term clinical outcomes in this population.

This study found that patients with elevated arterial lactate levels were more likely to develop CIN before primary PCI. The arterial lactate level is an easily available and reproducible biomarker for predicting in-hospital complications including renal damage. Consistent with previous studies, the lactate level was related to postoperative AKI and poor outcome. Lopez-Delgado *et al.* demonstrated that a higher arterial lactate level 24 hours after admission was a predictor of AKI and in-hospital mortality in cardiac surgery patients (26). Zhang *et al.* transformed the lactate level by natural log (Lln) and found Lln to be independently associated with postoperative AKI in patients undergoing cardiopulmonary bypass surgery (27). The present study confirmed that the arterial lactate level, a point-of-care measurement, could predict CIN after cardiac catheterization without transformation. Besides, the lactate levels were obtained within 0.5–1 hours before primary PCI in this study, which helped initiate prophylactic measures in time.

Furthermore, the present study suggested that a lactate level of ≥ 2.0 mmol/L was associated with CIN by ROC

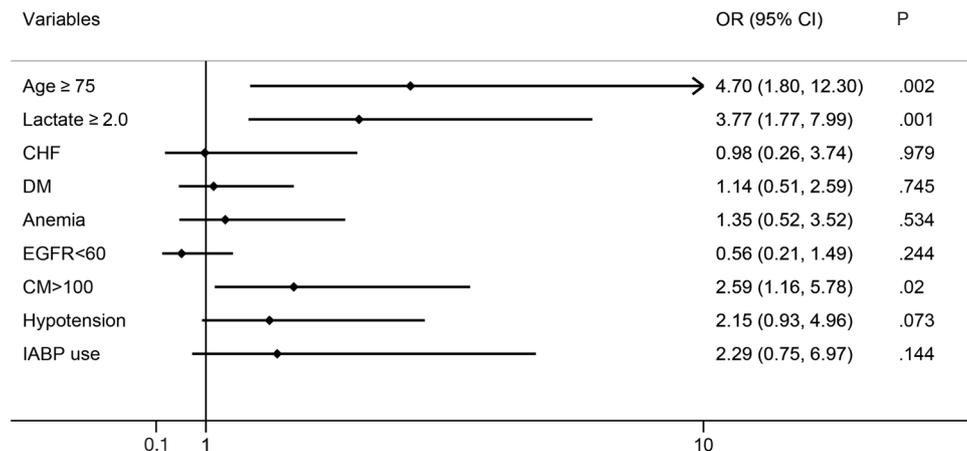


Figure 3 The multivariate logistic regression of CIN. CIN, contrast-induced nephropathy; CHF, chronic heart failure; DM, diabetes mellitus; eGFR, estimated glomerular filtration rate; CM, contrast media; IABP, intra-aortic balloon pump.

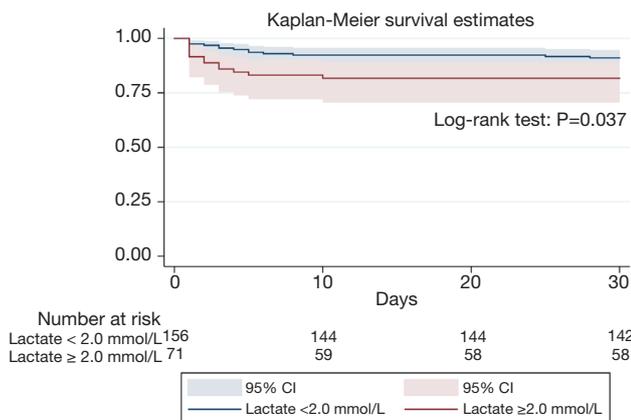


Figure 4 Kaplan-Meier curve of 30-day MACEs in patients with an arterial lactate level of ≥2.0 and <2.0 mmol/L. MACE, major adverse cardiac event.

curve analysis. De Corte *et al.* found that severe lactic acidosis (serum lactate >5 mmol/L and pH <7.35) was more frequent in intensive care unit patients with AKI treated with renal replacement therapy (28). Vermeulen *et al.* found a correlation between the blood lactate level and other risk factors in patients with STEMI (29). They divided 1,176 patients into 3 groups based on the lactate tertiles and found that elevated lactate levels were related to impaired hemodynamics (hypotension, IABP) and 30-day mortality. Although the relationship between the lactate level and in-hospital complications was illustrated, the cut-off point was not well established in the aforementioned 2 studies. The present study applied ROC curve analysis to determine the cut-off point and divided the

population into 2 groups based on the cut-off point. The cut-off value was confirmed by logistic regression analysis, and a lactate level of ≥2.0 mmol/L could predict CIN after adjusting for other risk factors. In clinical practice, lactate ≥2.0 mmol/L is also considered an abnormal value which will attract the attention of physicians. The best cut-off point of our study is consistent with present clinical practice.

This study also demonstrated that the lactate level was similar to the MRS as a discriminator for CIN. Several risk models have been applied for predicting CIN (10,30,31). MRS was regarded as the most classical one among these models and was confirmed to predict CIN after primary PCI in our study (AUC =0.697). The ROC curve analysis showed that the AUC was not significantly different between the lactate level and the MRS in this study (P=0.86). Both the biomarker and the risk model performed well in recognizing high-risk patients. However, MRS has not been as widely used in the case of emergent PCI because some variables might not be available in patients who were treated as quick as possible with primary PCI. It is more convenient to obtain the arterial lactate results than to calculate the MRS in some cases because a blood sample can be obtained quickly and the lactate level can be tested within minutes with the point-of-care technique. Thus, effective prophylactic measures such as hydration can be decided and delivered in a timely manner to prevent CIN. This is particularly valuable in the case of primary PCI. Furthermore, lactate could still predict CIN despite the effects of 8 variables of the MRS in the multivariate logistic regression analysis (odds ratio =3.77, P=0.001).

The reason why the lactate level is able to predict

CIN after primary PCI may be related to the following pathophysiological mechanism (1,6,16,32). Impaired myocardial contractility in patients with STEMI decreases the effective circulating blood volume, which cuts down the renal flow and increases the lactate level. Consequently, renal hypoperfusion is exacerbated as a result of activation of the sympathetic nervous system and the renin-angiotensin-aldosterone system, which in turn decreases the renal flow. Reducing the renal flow increases the contact time between cytotoxic CM and renal vascular endothelial and tubular epithelial cells and accelerates the process of CIN.

The present study preliminarily verified elevated lactate levels as a risk factor for 30-day MACEs. This was an acceptable result, since the lactate level has also shown prognostic predictive value in patients with STEMI in other studies (33).

This study had several limitations. Firstly, it was a small-scale, single-center, and observational study. Hence, the conclusion needs to be confirmed through large-scale trials. Secondly, no data were available on persistent lactate levels after PCI, so the study failed to calculate the lactate clearance. Thirdly, due to the small sample size, subgroup analysis was not performed to explore the relationships in different subgroups in detail.

Conclusions

In this single-center study, the arterial lactate level was a promising biomarker for identifying CIN and poor short-term outcomes in patients with STEMI undergoing primary PCI. The arterial lactate level may be a rapid tool for CIN risk stratification, independent of and as effective as the MRS model.

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Footnote

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Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at <https://dx.doi.org/10.21037/jtd-21-1153>). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. All procedures performed in this study involving human participants were in accordance with the Declaration of Helsinki (as revised in 2013). The study was approved by the Guangdong Provincial People's Hospital ethical committee [No. GDREC2014157H(R1)], and all patients provided informed consent.

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